

## Year Group: 7 Subject: Physical Education Assessment Framework

Assessment Objective	Grade 1	Grade 2-3	Grade 4-5	Grade 6-7	Grade 8-9
	Emerging	Developing	Progressing	Competent	Secure
<b>Physical ability</b>	<b>In isolated and competitive practice, I can perform sporting techniques...</b>				
	...with <b>emerging</b> fluency, accuracy and control when performing basic movements with limited control or coordination.	...with <b>developed</b> fluency, accuracy and control when performing basic skills with elements of control and consistency.	...showing <b>progress</b> in fluency, accuracy and control when performing basic skills with some control and consistency.	...with <b>competent</b> fluency, accuracy and control in a range of physical skills.	...with <b>secure</b> fluency, accuracy and control when performing a range of physical skills.
	I need regular support to engage in physical tasks.	I am beginning to show effort and independence.	I am showing further effort and independence.	I can apply skills effectively in most isolated and competitive scenarios.	I can apply skills effectively in isolated and competitive scenarios.
<b>Knowledge</b>	<b>When being questioned in my PE lessons, I can answer...</b>				
	...with <b>emerging</b> understanding of simple rules, tactics or techniques. I need guidance to apply them in practice.	...with a <b>developed</b> understanding of simple skills and try to apply basic tactics in familiar situations.	...with a <b>progressive</b> understanding of simple skills and can sometimes apply basic tactics in familiar situations.	... with a <b>competent</b> understanding of skills and tactics. I can evaluate performance and sometimes suggest improvements.	...with a <b>secure</b> understanding of skills and tactics and can reflect on their effectiveness. I can evaluate performance and suggest improvements.
	I have a basic awareness that sports involve different components, but I struggle to name them.	I can name a few components of fitness and give some simple examples.	I can name some components of fitness and give simple, sometimes inaccurate examples.	I can identify and explain some components of fitness. I can link them to specific sports or activities.	I can identify and explain most components of fitness. I can link them to specific sports or activities.
<b>Leadership</b>	<b>When demonstrating leadership skills, I am...</b>				

	<b>...emerging.</b>	<b>...developing.</b>	<b>... progressing.</b>	<b>...competent.</b>	<b>...secure.</b>
	I need to improve my confidence when delivering activities.	I can deliver a simple task or drill with guidance. I am beginning to give basic instructions to peers.	I can deliver a task with guidance. I can give basic instructions to peers.	I can deliver warm-ups or small group activities with simple instructions.	I can confidently deliver warm-ups or small group activities with clear instructions and safe organisation.
	I need to provide more appropriate teaching points to support participants.	I can give basic demonstrations of activities with some appropriate teaching points.	I can give effective demonstrations of activities with some appropriate teaching points.	I can give fairly accurate demonstrations of activities with mostly appropriate teaching points to support participants.	I can give competent demonstrations of activities with a range of appropriate teaching points to support participants.