

## Year Groups: 8 Subject: Physical Education Assessment Framework

Assessment Objective	Grade 1	Grade 2-3	Grade 4-5	Grade 6-7	Grade 8-9
	Emerging	Developing	Competent	Secure	Advanced
Physical ability	In isolated and competitive practice, I can perform sporting techniques...				
	...with <b>emerging</b> fluency, accuracy and control when performing basic movements with limited control or coordination.	...with <b>developed</b> fluency, accuracy and control when performing basic skills with some control and consistency.	...with <b>competent</b> fluency, accuracy and control in a range of physical skills.	...with <b>secure</b> fluency, accuracy and control when performing a range of physical skills.	...with <b>advanced</b> fluency, accuracy and control. I can perform with precision and consistency in varied or pressured situations.
	I need regular support to engage in physical tasks.	I am beginning to show effort and independence.	I can apply skills effectively in most isolated and competitive scenarios.	I can apply skills effectively in isolated and competitive scenarios.	I show strong physical competence.
Knowledge	When being questioned in my PE lessons, I can answer...				
	...with <b>emerging</b> understanding of simple rules, tactics or techniques. I need guidance to apply them in practice.	...with a <b>developed</b> understanding of simple skills and can sometimes apply basic tactics in familiar situations.	... with a <b>competent</b> understanding of skills and tactics. I can evaluate performance and sometimes suggest improvements.	...with a <b>secure</b> understanding of skills and tactics and can reflect on their effectiveness. I can evaluate performance and suggest improvements.	...with an <b>advanced</b> analysis of performance and applies strategies confidently.
	I have a basic awareness that sports involve different components, but I struggle to name them.	I can name some components of fitness and give simple, sometimes inaccurate examples and definitions.	I can identify and explain some components of fitness. I can link them to specific sports or activities.	I can identify and accurately explain most components of fitness. I can link them to specific sports or activities.	I show adaptability and decision-making in dynamic situations.  I can explain all components of health and skill-related fitness in detail. I can clearly link them to sports and give examples.

Leadership	When demonstrating leadership skills, I am...				
	...emerging.	...developing	...competent.	...securing	...advanced
	<p>I need to improve my confidence when delivering activities.</p> <p>I need to provide more appropriate teaching points to support participants.</p>	<p>I can deliver a simple task or drill with guidance. I am beginning to give basic instructions to peers.</p> <p>I can give basic demonstrations of activities with some appropriate teaching points.</p>	<p>I can deliver warm-ups or small group activities with simple instructions.</p> <p>I can give fairly accurate demonstrations of activities with mostly appropriate teaching points to support participants.</p>	<p>I can confidently deliver warm-ups or small group activities with clear instructions and safe organisation.</p> <p>I can give competent demonstrations of activities with a range of appropriate teaching points to support participants.</p>	<p>I can deliver structured sessions with clarity, control, and motivation. I adjust tasks to suit individual needs.</p> <p>I give effective demonstrations of activities with a wide range of appropriate teaching points to support participants.</p>