

Year Groups: 9 Subject: Physical Education Assessment Framework

| Assessment Objective | Grade 1 | Grade 2-3 | Grade 4-5 | Grade 6-7 | Grade 8-9 |
|-------------------------|---|--|---|--|---|
| | Emerging | Developing | Securing | Advanced | Exceptional |
| Physical ability | In isolated and competitive practice, I can perform sporting techniques... | | | | |
| | ...with emerging fluency, accuracy and control when performing basic movements with limited control or coordination. I need regular support to engage in physical tasks. | ...with developed fluency, accuracy and control when performing basic skills with some control and consistency. I am beginning to show effort and independence. | ...with secure fluency, accuracy and control when performing a range of physical skills. I can apply skills effectively in isolated and competitive scenarios. | ...with advanced fluency, accuracy and control. I can perform with precision and consistency in varied or pressured situations. I show strong physical competence. | ...with exceptional fluency, accuracy and control. I excel across multiple physical activities with creativity, control, and composure. I demonstrate athleticism and adaptability. |
| Knowledge | When being questioned in my PE lessons, I can answer... | | | | |
| | ...with emerging understanding of simple rules, tactics or techniques. I need guidance to apply them in practice. I have a basic awareness that sports involve different components, but I struggle to name them. | ...with a developed understanding of simple skills and can sometimes apply basic tactics in familiar situations. I can name some components of fitness and give simple, sometimes inaccurate examples and definitions. | ...with a secure understanding of skills and tactics and can reflect on their effectiveness. I can evaluate performance and suggest improvements. I can identify and accurately explain most components of fitness. I can link them to specific sports or activities. | ...with an advanced analysis of performance and applies strategies confidently. I show adaptability and decision-making in dynamic situations. I can explain all components of health and skill-related fitness in detail. I can clearly link them to sports and give examples. | ...with an exceptional understanding of tactics, technique, and performance analysis. I can provide meaningful feedback to myself and others. I understand how fitness components interrelate and can analyse training needs and apply knowledge to improve personal or others' performance. |

| Leadership | When demonstrating leadership skills, I am... | | | | |
|------------|---|--|--|---|---|
| | ...emerging. | ...developing | ...securing | ...advanced | ...exceptional |
| | <p>I need to improve my confidence when delivering activities.</p> <p>I need to provide more appropriate teaching points to support participants.</p> | <p>I can deliver a simple task or drill with guidance. I am beginning to give basic instructions to peers.</p> <p>I can give basic demonstrations of activities with some appropriate teaching points.</p> | <p>I can confidently deliver warm-ups or small group activities with clear instructions and safe organisation.</p> <p>I can give competent demonstrations of activities with a range of appropriate teaching points to support participants.</p> | <p>I can deliver structured sessions with clarity, control, and motivation. I adjust tasks to suit individual needs.</p> <p>I give effective demonstrations of activities with a wide range of appropriate teaching points to support participants.</p> | <p>I can design and deliver engaging activities independently.</p> <p>I can lead with authority, adaptability, and strong communication throughout.</p> <p>I give effective demonstrations of activities with a wide range of appropriate teaching points to support participants and deliver with confidence and voice projection.</p> |