

Curriculum Overview

Subject: HSC

Year Group: 12

The OCR Level 3 Cambridge Advanced National Certificate in Health and Social Care is an Alternative Academic Qualification (AAQ) designed for students aged 16–19. It aims to develop the knowledge, understanding, and practical skills needed to support progression to university-level study, especially when studied alongside other relevant qualifications. The content is closely aligned with the health and social care sector. AAQs combine academic learning with practical, vocational experience. This course is ideal for students who are passionate about working within the NHS or related services, and who aspire to careers such as healthcare assistants, social workers, paramedics, physiotherapists, nurses, or clinical psychologists.

The Extended Certificate in Health and Social Care explores a wide range of essential topics, including equality, diversity and rights, health and safety, anatomy and physiology, person-centred approaches, mental health, long-term physiological conditions, public health strategies, sexual health, nutrition, and lifestyle choices. Through this course, you will gain the knowledge, understanding, and skills needed to support progression to undergraduate study.

TERM 1- F090	TERM 2- F092	TERM 3- F094
<p>KNOWLEDGE/SKILLS F090: Principles of health and social care This unit is assessed by an exam. In this unit you will learn about the key topics that are important to develop underpinning knowledge and understanding relevant to health and social care. Topics include:</p> <ul style="list-style-type: none"> ➤ Topic Area 1 Equality, diversity, and rights in health and social care settings ➤ Topic Area 2 Managing hazards, health and safety in health and social care settings ➤ Topic Area 3 Legislation in health and social care settings ➤ Topic Area 4 Best practice in health and social care settings 	<p>KNOWLEDGE/SKILLS F092: Person-centred approach to care This unit is assessed by an assignment. In this unit you will learn the principles and values that underpin a person-centred approach to care and the practical tools that can be used to develop care plans for individuals. You will explore how to communicate in health and social care, how to build relationships and the barriers that need to be overcome to achieve person-centred care. You will learn to write outline care plans to suit individuals, using person-centred approaches and develop your reflective practice skills. Topics include:</p> <ul style="list-style-type: none"> ➤ Topic Area 1 Taking a person-centred approach 	<p>KNOWLEDGE/SKILLS F094: Supporting people with long term physiological conditions This unit is assessed by an assignment. In this unit you will learn about the different types of long-term physiological conditions, how these are caused and the daily and long-term effects on individuals. In addition, you will develop an understanding of the different methods of monitoring these conditions as well as treatments. You will have the opportunity to conduct your own research and gather data on services in your local area; this data will be used to present your ideas on the effectiveness of the local services. The skills you develop conducting and interpreting your</p>

	<ul style="list-style-type: none"> ➤ Topic Area 2 Meeting needs and providing support in a person-centred way ➤ Topic Area 3 Communication skills needed to offer person-centred care 	<p>research will be independent learning, referencing, time management and critical thinking.</p> <p>Topics include:</p> <ul style="list-style-type: none"> ➤ Topic Area 1 Long term physiological conditions ➤ Topic Area 2 Monitoring and treatment ➤ Topic Area 3 Impact of long-term conditions ➤ Topic Area 4 Support individuals to plan their care and support
<p>KEY ASSESSMENTS</p> <p>January</p> <p>June</p>	<p>KEY ASSESSMENTS:</p> <p>Synoptic assessment (NEA)</p> <p>Assessment Window – Oct- January</p>	<p>KEY ASSESSMENTS</p> <p>Synoptic assessment (NEA)</p> <p>Assessment Window- March- June</p>
<p>Extended reading suggestions and external resources:</p> <p>The Health and Care Professions Council (HPC) www.hpc-uk.org</p> <p>The Health and Social Care Information Centre www.hscic.gov.uk</p> <p>The Care Quality Commission has information about how the best care can be provided at www.cqc.org.uk/content/help-advice</p> <p>Information about the Equality Act 2010 and the Care Act 2014 can be found at www.gov.uk</p> <p>www.local.gov.uk/adult-social-care provides information about the roles of local councils in ensuring that care is.</p>		

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Unit 2- The unit will help student understand what it is like to work in the health and social care sector. Student will learn about working with people with specific needs, including ill health, learning disabilities, physical and sensory disabilities, and the needs of people who occupy different age categories as well as the skills needed to work in these areas.

Unit 12 - The unit aims to give students the specialist knowledge that can be crucial to ensuring that those with additional needs meet their full potential in health and social care settings.

TERM 1- UNIT 2	TERM 2- UNIT 12	TERM 3- UNIT 12
<p>KNOWLEDGE/SKILLS</p> <p>A1 The roles of people who work in health and social care settings</p> <p>A2 The responsibilities of people who work in health and social care settings</p> <p>A3 Specific responsibilities of people who work in health and social care settings, applying care values and principles in day-to-day practice</p> <p>A4 Multidisciplinary working in the health and social care sector</p> <p>A5 Monitoring the work of people in health and social care settings</p> <p>B1 The roles of organisations in providing health and social care services</p> <p>B2 Issues that affect access to services NHS, Children's and Adult services</p> <p>B3 Ways organisations represent interests of service users Charities/patient groups, advocacy, complaints and whistleblowing policies</p> <p>B4 The roles of organisations that regulate and inspect health and social care services Organisations that regulate professions in HSC</p> <p>B4 The roles of organisations that regulate and inspect health and social care services Organisations that regulate care settings in HSC</p> <p>B5 Responsibilities of organisations towards people who work in health and social care settings</p>	<p>KNOWLEDGE/SKILLS</p> <p>Learning outcome, A: Examine Reasons why individuals may experience additional needs</p> <p>A1 -Diagnosing or determining additional needs, A2 - Cognitive and learning needs A3- Physical and health needs A4- Social and emotional needs</p> <p>Learning outcome B: Examine how to overcome the challenges to daily living faced by people with additional needs</p> <p>B1- Definitions of disability B2- Minimising environmental and social challenges</p>	<p>KNOWLEDGE/SKILLS</p> <p>Learning outcome C: Investigate current practice with respect to provision for individuals with additional needs</p> <p>C1 - Professionals involved in supporting individuals with additional needs C2 - Support and adaptations for individuals with additional needs C3- Financial support for individuals with additional needs</p> <p>C4 - Statutory provision for children with additional needs:</p> <p>C5- Statutory provision for adults with additional needs C6 -Person-centred care for all individuals with special needs</p>

C1 and C2 Working with people with specific needs in the health and social care sector	B3 -Minimising personal challenges B4 -Attitudes of others	
KEY ASSESSMENTS January EXAMS May – Exam resit	KEY ASSESSMENTS Course work 1 07/02/2026	KEY ASSESSMENTS Coursework 2 16/04/2026 09/05/2026
Extended reading suggestions and external resources: Billingham M et al, <i>BTEC Level 3 National in Health and Social Care Student Book 2</i> , Pearson, (2010), ISBN 9781846907470 Teare J, (Editor), <i>Caring for Children with Complex Needs in the Community</i> , Blackwell Publishing (2008), ISBN 978140515177 www.bild.org.uk/information/faqs http://www.nhs.uk/Conditions/social-care-and-support-guide/Pages/assessment-care-needs.aspx http://www.legislation.gov.uk/ukpga/2014/23/pdfs/ukpga_20140023_en.pdf http://www.ndcs.org.uk/family support/useful links and organisations/financial support/ http://www.protectingchildren.org.uk/cp-system/child-in-need/cafe/ Revision Guide 24/25- BTEC NATIONAL HEALTH & SOCIAL CARE UNIT 2 WORKING IN HEALTH AND SOCIAL CARE www.tutor2u.net/hsc		