

Curriculum Overview

Subject: BTEC Sport Level 3
Year Group: 12

The qualification provides the knowledge, understanding and skills that allow learners to gain experience of the sport sector that will prepare them for further study or training. In the BTEC National units there are opportunities during the teaching and learning phase to give learners practice in developing employability skills.

TERM 1	TERM 2	TERM 3
<p>KNOWLEDGE/SKILLS</p> <p>Unit 1: Anatomy & Physiology (Exam)</p> <ul style="list-style-type: none"> You will explore the structure of the skeletal, muscular, cardiovascular, respiratory and energy systems as well as additional factors which affect sport and exercise performance. You will gain a full appreciation of how the body is able to take part in sport and exercise through understanding the interrelationships between these body systems. This unit will give you the knowledge required to progress to coaching and instruction in the sports industry or further study. <p>Unit 5: Fitness Testing (Coursework & practical element)</p> <ul style="list-style-type: none"> In this unit, you will explore the principles of fitness testing and examine the factors affecting the selection and administration of tests, including validity, reliability and suitability of tests. You will explore a range of laboratory and field-based fitness tests and the administration process of each fitness test. You will consider the selection of appropriate tests for specific sports performers, and demonstrate your ability to conduct a range of fitness tests in accordance with the safety and ethical requirements of fitness testing. 	<p>KNOWLEDGE/SKILLS</p> <p>Unit 23: Skill Acquisition (Coursework & practical element)</p> <ul style="list-style-type: none"> You will examine how sports performers are able to take information and process this information so that they can produce a response in the form of a skilled movement (for example, performing a lay up in basketball in a game situation). You will explore the key theories of how individuals learn skills and how new skills can be presented, using different strategies. This unit provides a foundation of knowledge and skills that will help learners appreciate different types of skills, and how teaching and learning strategies can be used to develop skills in sports performers. 	<p>KNOWLEDGE/SKILLS</p> <p>Unit 25: Rules, regulations and officiating in Sport (Coursework & practical element)</p> <ul style="list-style-type: none"> In this unit, you will gain an understanding of the rules and regulations in a selected sport and explore historical developments that have led to the change of rules and regulations. You will explore the changing roles of match/game officials in a selected sport, which will include the career opportunities at both amateur and elite levels. You will undertake the role of an officiator for a sport and apply the relevant sport's National Governing Body (NGB) regulations. You will then assess your own performance using a variety of assessment methods. By developing your understanding of the rules, regulations and requirements of officiating, this unit will help you to progress to employment as a coach, PE teacher or an administrator for an NGB. <p>Unit 1: Anatomy & Physiology (Exam resit if necessary) As seen in term 1.</p>

<ul style="list-style-type: none"> Finally, you will evaluate and compare fitness test results to make conclusions about a specific person's fitness. These activities will prepare you for a variety of careers in the sport sector, such as coaching, fitness instruction and working with elite sport performers. 		
<p>KEY ASSESSMENTS</p> <p>Half term 1: PPE to prepare students for real exam in January. Assignment 1 coursework assessment for Unit 5.</p> <p>Half term 2: Assignment 2 coursework assessment for Unit 5.</p> <p>Unit 1 is externally marked. It is set and marked by Pearson. The examination is one hour and 30 minutes in length and marked out of 80. The paper will contain a number of short- and long-answer questions.</p>	<p>KEY ASSESSMENTS</p> <p>Half term 1: Assignment 1 coursework assessment for Unit 23.</p> <p>Half term 2: Assignment 2 coursework assessment for Unit 23. Assignment 3 coursework assessment for Unit 23.</p>	<p>KEY ASSESSMENTS</p> <p>Half term 1: Assignment 1 coursework assessment for Unit 25. Assignment 2 coursework assessment for Unit 25.</p> <p>Half term 2: Assignment 3 coursework assessment for Unit 25. Opportunity to resit Unit 1 if required.</p>
<p>Extended reading suggestions and external resources:</p> <ul style="list-style-type: none"> Pearson BTEC National Sport Student Book 1. London: Pearson. Pearson BTEC National Sport Student Book 2. London: Pearson. 		

Curriculum Overview

Subject: BTEC Sport Level 3
Year Group: 13

The qualification provides the knowledge, understanding and skills that allow learners to gain experience of the sport sector that will prepare them for further study or training. In the BTEC National units there are opportunities during the teaching and learning phase to give learners practice in developing employability skills.

TERM 1	TERM 2	TERM 3
<p>KNOWLEDGE/SKILLS</p> <p>Unit 2: Fitness Training (Exam)</p> <ul style="list-style-type: none"> You will explore the process required for screening clients and assessing their lifestyle and nutritional intake. From this information you will explore how to make judgements on a specific individual's current lifestyle and then suggest modifications to help improve the individual's fitness, health and overall well-being. You will also explore appropriate training methods for a selected individual. <p>Unit 22: Sports Business (Exam)</p> <ul style="list-style-type: none"> This unit looks at how sports businesses are organised and what makes a successful business. Areas of work could include professional sport; private, public and voluntary sports clubs, arenas, stadiums; community and active leisure programmes; the sporting goods industry; media, print or broadcasting. You will investigate industry trends, changes and other developments such as technology, to explore how they can affect the performance, and ultimately the success, of businesses. You will use given data and other information to make recommendations on how a business should adapt and develop 	<p>KNOWLEDGE/SKILLS</p> <p>Unit 4: Sports Leadership (Coursework & practical element)</p> <ul style="list-style-type: none"> You will be guided through the requirements of effective leadership and this will develop your knowledge and understanding of the leader's role, the key skills, qualities and characteristics. You will be required to take on the role of a leader and demonstrate the necessary range of skills. You will develop knowledge and understanding of sports leadership, which will guide you towards gaining a good level of confidence that would assist you in pursuing a career in a leadership role or support your progression to higher education. <p>Unit 3: Professional Development in the Sporting Industry (Coursework & practical element)</p> <ul style="list-style-type: none"> You will research the different possible careers and the associated job roles in the sports industry. You will then action plan your development towards achieving a selected career aim. You will analyse your own skills and identify how to develop them into a career through the use of a career plan. You will research your chosen career to understand how to access and progress within it. 	<p>KNOWLEDGE/SKILLS</p> <p>Unit 7: Practical Sports Performance (Coursework & practical element)</p> <ul style="list-style-type: none"> You will develop your own practical performance in selected sports, focusing on the application of skills, techniques and tactics and reflecting on your performance. This will be achieved through participation in practical activities, followed by a reflection on your performance. You will have the opportunity to practise and refine your individual skills and techniques, investigating and experiencing different areas of tactics and techniques. <p>Unit 2: Fitness Training (Exam resit if necessary) As seen in term 1.</p> <p>Unit 22: Sport Business (Exam resit if necessary) As seen in term 1.</p>

to take full advantage of market opportunities, while at the same time looking at how to reduce the potential effects of threats and risks.	<ul style="list-style-type: none"> You will take part in application and interview assessment activities for a selected career pathway and then evaluate your own performance. 	
<p>KEY ASSESSMENTS</p> <p>Half term 1: PPE to prepare students for real exams in January.</p> <p>Half term 2: Unit 2 Exam: Learners will be given a case study one week before. Learners will interpret lifestyle factors and health screening data from a scenario and stimulus information to develop and justify a fitness training programme and nutritional advice based on these interpretations. Pearson sets and marks the task.</p> <p>Unit 22 Exam: Learners will be given information two weeks before to research and prepare. The set task that will assess their ability to examine the internal and external factors associated with a business and how it may respond to trends affecting business in the sport. Pearson sets and marks the task.</p>	<p>KEY ASSESSMENTS</p> <p>Half term 1: Assignment 1 coursework assessment for Unit 4. Assignment 1 coursework assessment for Unit 3. Assignment 2 coursework assessment for Unit 3.</p> <p>Half term 2: Assignment 2 coursework assessment for Unit 4. Assignment 2 coursework assessment for Unit 3. Assignment 3 coursework assessment for Unit 3.</p>	<p>KEY ASSESSMENTS</p> <p>Half term 1: Assignment 1 coursework assessment for Unit 7 . Assignment 2 coursework assessment for Unit 7.</p> <p>Half term 2: Opportunity to resit Unit 2 and 22 if required.</p>
<p>Extended reading suggestions and external resources:</p> <ul style="list-style-type: none"> Pearson BTEC National Sport Student Book 1. London: Pearson. Pearson BTEC National Sport Student Book 2. London: Pearson. 		