

Curriculum Overview

Subject: PSHE

Year Group: 12

In Year 12, PSHE continues to focus on strengthening coping strategies, especially in preparation for exam stress and the demands of their upcoming academic and career transitions. Students will be encouraged to reflect on their strengths, embrace mistakes, and develop resilience to boost their self-esteem. The curriculum will build on previous knowledge of internet safety, money management, and healthy relationships, further equipping students with the essential life skills needed for success in both their personal and professional lives.

TERM 1	TERM 2	TERM 3
KNOWLEDGE/SKILLS Debate- to give informed responses in class discussion and debates that demonstrate knowledge and understanding. Topics Covered- Democracy v Autocracy Gay Rights Religious Freedom in the UK Online Radicalisation Extremism Illegal and Imitation Weapons	KNOWLEDGE/SKILLS Debate- to be able to evidence their own views in discussion using a variety of sources such as personal experience and case studies. Topics Covered- Attitudes Towards Sexualisation and Pornography Consent & Coercion Safe Sharing Online Harmful Stereotypes Examining Sexual Violence Domestic Abuse	KNOWLEDGE/SKILLS Debate -to be able to articulate effectively their own views as well as others' in discussion using key vocabulary and analysis of the issues being discussed. Topics Covered- Caring for Your Mental Health Alcohol Dependence & Excess Navigating sexual safety Gang Violence Advanced Budgeting Credit Cards
KEY ASSESSMENTS Assessment is through lesson feedback and surveys, while knowledge and understanding is checked through Q and A and recap/recall starters	KEY ASSESSMENTS Assessment is through lesson feedback and surveys, while knowledge and understanding is checked through Q and A and recap/recall starters	KEY ASSESSMENTS Assessment is through lesson feedback and surveys, while knowledge and understanding is checked through Q and A and recap/recall starters
Extended reading suggestions and external resources: The Gay Revolution: The Story of the Struggle by Lillian Faderman Religion and the Law in the United Kingdom by Norman Doe So You've Been Publicly Shamed by Jon Ronson The Gendered Society" by Michael Kimmel Cultural capital is addressed through documentaries, external drama productions, case studies and guest speakers.		

Curriculum Overview

Subject: PSHE

Year Group: 13

In Year 13, PSHE focuses on further developing mental wellbeing strategies, with an emphasis on managing exam stress and preparing for the transition to the next stage of education or the workforce. Students will be encouraged to reflect on their strengths, embrace mistakes as learning opportunities, and build resilience, ultimately boosting their self-esteem. The curriculum will deepen their understanding of key life skills such as internet safety, money management, and maintaining healthy relationships, equipping them with the tools they need for success in both their personal and professional lives.

TERM 1	TERM 2	TERM 3
KNOWLEDGE/SKILLS Debate- to give informed responses in class discussion and debates that demonstrate knowledge and understanding. Topics Covered- Attitudes towards sexualisation Building positive masculinity Preventing Sexual Harassment Substance Use & The Law Criminal Exploitation Catastrophising & Thinking Traps	KNOWLEDGE/SKILLS Debate- to be able to evidence their own views in discussion using a variety of sources such as personal experience and case studies. Topics Covered- The Advanced Economy Taxation Mortgages Lifelong Growth Mindset Impulse control Embracing personal responsibility	KNOWLEDGE/SKILLS Debate -to be able to articulate effectively their own views as well as others' in discussion using key vocabulary and analysis of the issues being discussed. Topics Covered- Tai Chi for Mind-Body Wellness The Mind-Body Connection Unlocking Mindful Awareness
KEY ASSESSMENTS Assessment is through lesson feedback and surveys, while knowledge and understanding is checked through Q and A and recap/recall starters	KEY ASSESSMENTS Assessment is through lesson feedback and surveys, while knowledge and understanding is checked through Q and A and recap/recall starters	KEY ASSESSMENTS Assessment is through lesson feedback and surveys, while knowledge and understanding is checked through Q and A and recap/recall starters
Extended reading suggestions and external resources: Iron John: A Book About Men by Robert Bly Preventing Sexual Harassment in the Workplace by Skills for Health Taxation: A Very Short Introduction by Stephen Smith Mindset: The New Psychology of Success by Carol S. Dweck Cultural capital is addressed through documentaries, external drama productions, case studies and guest speakers.		