



Headteacher's Comment

I was very pleased to share our recent Ofsted report with you yesterday, which reflects the strong progress being made at Chase High School. Inspectors recognised the calm, purposeful atmosphere across the school and the way our pupils consistently demonstrate our values of **Ambition**, **Kindness** and **Resilience** – something we are all incredibly proud of.

Earlier this week, we also welcomed colleagues from the Department for Education, who echoed the positive findings of the report and reinforced the improvements we are making. This progress is only possible because of the continued support from you as parents and carers, alongside the dedication of our staff and the hard work of our pupils.

While we know there is more to do, we are committed to building on this momentum and continuing to improve outcomes for every child in our community. Thank you for your ongoing support.

#ProudtobeChase



Stratford Trip

Year 11 Geography pupils visited the Olympic Arena in Stratford this week. The aim of the trip was to provide pupils with first-hand knowledge of the park and its surrounding areas. This is because, part of their GCSE needs them to be able to answer questions on a fieldtrip on 'human geography.' Pupils answered the following question: Was the regeneration of the Stratford Olympic area successful?

The pupils were great, conducting questionnaires with the public and judging the surrounding environments.



Scavenger Hunt

Pupils took part in an exciting scavenger hunt this month to celebrate World Book Week and International Women's Day, searching for quotes by remarkable women in literature and history. Congratulations to our winning pupil, Samuel, pictured here proudly holding his certificate!



Attendance Celebration

200 pupils in Years 7-10 attended a game show event as a reward for attaining 100% attendance for the second term! The event allowed pupils to work as a team, taking part in game show style activities such as 'Family Fortunes'. It was a great event and a fantastic way to congratulate pupils for their commitment to maintaining 100% attendance.





Sports Round Up

Last Friday, our Year 10 boys' football team played very well against Cecil Jones Academy, narrowly being defeated 6-5. The player of the match was awarded to Mohammad.

On Tuesday, our Year 9 football team was defeated by a very strong Shoebury High team. The player of the match was Alex!

On Wednesday, our Year 11 boys beat Thorpe Hall 2-1 with a last-minute header by Tolu for the winner. Kingston was presented with player of the match.



RE Church Trip

As part of their religious education studies, Year 9 pupils visited St Peter's Church, where they deepened their understanding of Easter. During the visit, the pupils explored the key events of the Easter story, including the crucifixion and resurrection of Jesus, and learned how Christians today remember these events. This was a great opportunity to bring their classroom learning to life and experience a place of worship in the local community.



Author Visit

On Friday 24 April, the library will welcome Seth Burkett, a professional football player and author of the football series 'The Football Goat.' He will come into the school for the whole day to work with our Year 7 and 8 pupils. Pupils will be given the opportunity to either purchase a copy of his book from the library, or they can win copies from the vending machine in the library as part of our award scheme called Starbooks. He will be able to sign copies of his books during break and Lunch.

BOOK OF THE WEEK!

Small Steps by Louis Sachar

Age recommendation: Perfect for readers 14+ that enjoyed 'Holes'

Short synopsis: The sequel to 'Holes'. Armpit is now a gardener living in Texas and trying to stay out of trouble by making the right choices. But he finds all his small steps becoming much bigger than he had anticipated. When he gets mixed up with his old friend X-ray in a ticket scam, things look set to unravel. But this is only the beginning of Armpit's troubles.

Why choose this book: "There's plenty of action, there are good guys you root for and bad guys you wish the worst for, there are a lot of funny moments, and sad moments, too."



Dates for your Diary:

23.03.26 Diabetic Nurse Clinic

24.03.26 Year 12 UCAS Excel Trip

25.03.26 Year 9 Take your Child to Work Day

26.03.26 ARK Assemblies

27.03.26 End of Term – Pupils finish at 12.45 pm

13.04.26 Return to School on Week 2 Timetable



DISCOVERY
EDUCATIONAL TRUST

Chief Executive Officer: Mr R Duff

Chase High School is proud to be part of the Discovery Educational Trust



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What Parents & Educators Need to Know about ONLINE TRENDS ENCOURAGING VIOLENCE

7 out of 10 teens report seeing violent content on social media, with over half of that content featuring fights involving young people. Most don't 'seek' it but are shown it through social media feeds or messaging groups. 91% of young people involved in violence have seen violent social media content. Viral trends, challenges, or 'wars' that are spread online risk encouraging violence offline, while real-world incidents may also be recorded and promoted online.

WHAT ARE THE RISKS?

ALGORITHMIC EXPOSURE

Social media platforms are designed to keep users engaged, meaning dramatic or extreme content can spread widely and quickly. Algorithms often recommend content that reflects users' past interactions. As a result, young people may see more violent material if they have viewed, commented on, or shared it before. Repeated exposure can make violent content appear frequently in their feeds without them fully understanding why.

WEAPONS AND CRIMINAL RISK

Teens exposed to high levels of real-world violence on social media sometimes report feeling an increased need to carry a weapon for 'self-protection'; however, carrying a weapon increases the risk of victimisation (harm and injury by others) for young people. In addition, carrying a weapon is a serious offence that can lead to police arrest and a criminal record.

SHARING VIOLENT CONTENT

Encouraging or assisting an offence is a crime in the UK, including via social media, and can lead to arrest. This means sharing, forwarding, or reposting violent content carries a risk for young people too. Showing examples of content to a trusted adult is appropriate, but young people should take care not to further spread violent material by posting it online or sharing it within large messaging groups.

FEAR, ANXIETY, AND MARGINALISATION

Research shows young people's emotional wellbeing can be negatively impacted by repeated exposure to violent online content, especially when it depicts 'real-world' violence (as opposed to fictional depictions in games or films). Posts featuring weapons, threats, attacks, and fights – or content that appears to glamorise gang activity – can increase feelings of anxiety or fear among young people. Material that encourages violence targeting people because of their identity, such as their nationality or religion, can also create disproportionate harm for children belonging to those groups.

AVOIDANCE AND ISOLATION

Real-world violence on social media can increase young people's belief that their local communities – or the 'outside world' more generally – are unsafe places. This can result in avoidant and isolating behaviours, which may negatively affect their wellbeing. As well as feeling fearful of others, teens also report feeling judged for spending time together in large groups, which may affect their social interactions and leisure time.

Advice for Parents & Educators

STAY INFORMED

Stay alert for updates from police, schools, or local authorities, and follow the advice provided. Be cautious about unofficial accounts, fake content, and misinformation, which can spread quickly online or in chat groups. Ensure you get accurate information from trusted sources and encourage young people to do the same. Remind them never to share violent content online and to speak to a trusted adult instead.

TALK CRIME AND SAFETY

In most of the UK, the age of criminal responsibility is 10 (12 in Scotland). This means there can be serious criminal consequences for carrying a weapon, taking part in violence, or filming or sharing violent content. Discuss the law with young people alongside practical safety strategies. Ask questions such as: "What could you do if you feel unsafe?" Work together on action plans and remind them they can contact a trusted adult or the police if they witness or experience violence.

DISCUSS SOCIAL MEDIA

Encourage young people to talk about the content they see online and the effect it can have. This can be an opportunity to discuss topics such as misinformation, AI-generated material, the attention economy, and algorithms, helping them understand how and why extreme content can spread online. Explore tools available to block, report, and remove harmful content, and signpost where to get support and advice, such as reportharmfulcontent.com.

ENCOURAGE POSITIVE ACTION

Focus on strengthening young people's positive experiences both online and within their local communities. Discuss strategies to reduce negative social media effects, such as time limits, unfollowing certain accounts, or taking breaks from apps. Encourage offline activities such as spending time with friends, visiting local places, and taking part in hobbies that bring them joy, purpose, and connection. Remind them they can seek support with any concerns at any time via childline.org.uk.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in media law, online safety, and young people. Her PhD investigates youth understandings of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal, and ethical considerations of rapidly advancing technologies.

See full reference list on our website

Southend's Parent Voice

We are looking for parents from across Southend with children aged 0-11 years who can bring their knowledge and lived experience, to be part of conversations that will shape decisions for their community

Parent Voice Ambassadors

(PVA: The glue that's needed for all great conversations)

Housing
Cost of Living
Transport & Parking

SEND
Disability
Community Networks
Community Spaces

Crime & Safety
Discrimination
Schools & Education
Health & Wellbeing
Mental Health

City Planning
Leisure & Recreation
Environment & Green Spaces
Mental Health

Heritage & Seafront
Early Years & Youth
Support Services
Safeguarding



Scan to WhatsApp
Michelle

If you would like to find out more about this opportunity and how to get involved, please contact Michelle Gray

email: mgray@savs-southend.co.uk

WhatsApp/Mobile: 07985 239 376





CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

 [Listen to this newsletter](#)

OPPORTUNITIES



[The Students' Guide to University 2026](#) will allow you to make an informed choice about university. It includes articles to help you decide whether university is right for you, what you should study, and where you should study it. Contributions have been provided by over 80 university representatives from across the UK.



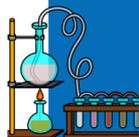
[Degree Apprenticeships 30 Minute TV Programme](#) is a helpful introduction for Sixth Form students and parents. The programme explains what degree apprenticeships are, which ones are available, and how they compare to a traditional university route.

Here are some apprenticeships opportunities that have opened recently that you might be interested in:

- [Morgan Stanley \(with Multiverse\)](#). Opportunities across research, operations, human capital management and more.
- [EY - 2026 Apprenticeship Programmes](#). Launch a career in business, finance or technology. Earn while you learn and gain real client experience with dedicated support.
- [Sir Robert McAlpine Apprenticeships](#) combining experience on landmark projects with recognised.
- [Stronger Starts Maintenance Apprenticeship](#). is a 18-month programme sets you up with the skills you need for everyday duties in maintenance jobs.



The [British Science Week poster competition](#) takes place every year and invites young people from across the UK to take part. In 2026, the competition theme is taking curiosity to the next level! We're working with a team of scientists and researchers who are curious about what children and young people think will make a 'good'/'positive' childhood in the future. The competition is now open for entries; the closing date is 6 pm on Thursday 16 April 2026.



[T Levels](#) are a qualification choice that follow GCSEs and give students a head start towards the career they want. They suit students who wish to start working towards a skilled occupation, prefer a practical approach to learning and want a predominantly classroom-based course.



JOB OF THE WEEK



[CNC Machinist](#)

A CNC machinist is a skilled technician who sets up, programs, and operates computer-controlled machinery (lathes, mills, grinders) to produce precision metal or plastic components.

They interpret technical drawings, select tooling, and ensure strict quality standards for industries like aerospace and automotive.

LABOUR MARKET INFORMATION FACT

The highest paid jobs in the UK are:

- Chief Executive Officer (CEO): £97,000-£250,000+
- Surgeon: £53,000-£114,000+
- Anaesthetist: £103,000-£122,000+
- Investment Banker: £50,000-£150,000+
- IT Director: £80,000-£150,000+

[Source](#)

If you have any questions or need support, please email careers@chasehigh.org



CAREERS NEWSLETTER

OPPORTUNITIES



Have you ever wondered how space technology can help us here on earth? Or how space can affect astronauts' bodies? [In this lesson](#), you will discover how cutting-edge innovations are shaping the future of technology and find out about some of the diverse technology careers they could pursue in the space health industry. In collaboration with RAF Charitable Trust.



Choose a Specsavers apprenticeship and you'll be part of a team who care deeply about eyecare and hearcare, and who strive to be the best they can be. Our apprenticeships offer a great stepping stone into our business and a way to upskill on the job. Take a closer look [here](#).



Have you ever wondered what it's like to go to university? Are there lots of questions about university going around in your head? Would you like to know what it's like before you take the leap and apply for a STEM university degree? Well now you can - with [EDT's Industrial Cadets Residential Insight](#) into University experiences, you get the chance to try out a STEM degree subject at leading universities throughout the UK.



[Sutton Trust Online \(STO\)](#) is an award-winning digital programme designed to help you shape your future. STO is packed with interactive activities, expert advice and key resources to support you every step of the way, from exploring your options to preparing strong applications and thriving in higher education.



A Buyer role within Procurement at Rolls-Royce is about securing the critical resources we need to innovate and deliver, managing complex supply chains, and driving value across our global operations. [In this free virtual experience](#), you will explore the strategic world of sourcing and supplier management, gain vital procurement skills, and see if this essential field could be the right path for you.



[Higher Technical Qualifications \(HTQs\)](#) are level 4 and 5 qualifications that have been approved to deliver the skills employers need because they are high-quality, job-focused qualifications.

EMPLOYER SPOTLIGHT

"At Morgan Stanley, you work alongside the best and the brightest with a team that believes there's always more to learn, more to improve upon and more impact to be made. Collaboration and diversity of thought allow us to identify innovative solutions, drive tangible results and help our clients achieve their goals. Discover the pathway to join our team." You can [read more about careers at Morgan Stanley here](#).

UNI SPOTLIGHT

"Our undergraduate degrees will inspire you to make exciting discoveries, challenge preconceived ideas and reach your full potential. Discover our Russell Group education in London. Applications for our [summer school 2026](#) are now open."

You can [read more about the Queen Mary University of London here](#).

If you have any questions or need support, please email careers@chasehigh.org