



Headteacher's Comment

It has been another wonderful week at Chase High School, with many examples of our core values of ambition, resilience and kindness shining through.

Our Year 7 Take Your Child to Work Day was a huge success. Pupils had the invaluable opportunity to see the world of work first-hand, thanks to the generosity of our parents and carers. From hospitals and farms to architects' offices and many other workplaces, our pupils returned full of enthusiasm and curiosity, asking thoughtful questions and gaining a deeper understanding of the ambitions they can set for their own futures.

Kindness was also very much on display beyond the school gates. I was delighted to receive a lovely email from a local resident praising the behaviour of our pupils while travelling on the number 20 bus. They commented on how kind, polite and considerate our pupils were to fellow passengers. Feedback like this makes us immensely proud, as it reflects the values we work so hard to instil and shows our pupils representing Chase High School so positively in the wider community.

#ProudtobeChase



Year 7 Take your Child to Work Day

On Wednesday, 130 Year 7 pupils ventured out into the world of work with their parents or a trusted adult. The pupils gained valuable experiences, learning various new skills and building on their transferrable soft skills. It was fantastic that pupils were able to work in a variety of sectors - we have had pupils spend the day in banking and financial services, various NHS hospital departments, architectural companies and working in logistics. Thank you to all our parents and carers who supported our pupils this week. Pupils who remained in school for the day enjoyed careers sessions such as "What even is a career?", explored their Unifrog accounts, participated in workshops on skill sets and sectors, and discovered different pathways that could lead to reaching aspirations.



Starlight Express

On Thursday, the Performing Arts Department visited the Troubadour Wembley Park Theatre to see Andrew Lloyd Webber's Starlight Express.

The pupils represented the school impeccably, demonstrating excellent behaviour and enthusiasm throughout the trip. They were captivated by the high-quality performance, with stunning singing, dancing, and roller skating on display. The purpose-built set was truly spectacular, featuring train tracks, ramps, and a revolving hydraulic centre stage. The production was further enhanced by impressive pyrotechnics, flames, and a breathtaking light display, making the experience an unforgettable one for everyone involved.





Sports Round Up!

At the weekend, Dexter in Year 9 represented Essex in an inter-counties cross-country match. He ran well and thoroughly enjoyed the experience, a fantastic reward for all the hard work and commitment he has shown.

The Year 9 girls' basketball team narrowly lost a closely fought game against Cecil Jones Academy. Players of the Match were Lacie and Rachel L. Meanwhile, the Year 7 boys' basketball team secured an impressive 48–31 victory over Shoebury High School, with Noah named Player of the Match after scoring an outstanding 26 points.

Our Year 8 boys' basketball team also enjoyed success on Tuesday, beating Cecil Jones Academy 62–29. Ohioze was deservedly awarded Player of the Match.

In football, the Year 9 boys' team delivered a dominant performance, defeating Cecil Jones Academy 9–0. Raj was named Player of the Match for his outstanding contribution.

Finally, the Year 10 boys' basketball team played exceptionally well in a convincing 61–18 win against Eastwood B, with Sam earning Player of the Match.



TUESDAY 10 FEBRUARY, 7PM - 8PM

CLICKING WITH CONFIDENCE: HELPING CHILDREN STAY SAFE ONLINE

FREE Parent & Carer Online Safety Webinar

We are excited to again be celebrating the upcoming Safer Internet Day by hosting a virtual parent & carer support session with Anna Sarjantson, ScreenSafe and experts from the eduthing Professional Learning team, and you're invited!

Join us in conversation as we explore the best ways to support our children and young people navigating the online world covering topics such as:

- Artificial Intelligence - What to know and how to support your children and young people
- Resources to facilitate discussion with children and young people on online safety
- Top Tips and Tricks for Parents & Carers
- Particular Apps or Features to be aware of!
- Interactive Q&A Session

eduthing
IT Services for Education
in conversation with
SCREENSAFE



Dates for your Diary:

11.02.26 Southend Makes Music – Palace Theatre

12.02.26 Year 12/13 Parents' Evening Face to Face

13.02.26 Valentine's Gift Sale

16.02.26 – 20.02.26 Half Term



DISCOVERY
EDUCATIONAL TRUST

Chief Executive Officer: Mr R Duff

Chase High School is proud to be part of the Discovery Educational Trust

MEGA CAMPS



FREE CHILD PLACES THIS FEBRUARY HALF-TERM

Mega Camps is offering up to 4 x Fully Funded Days this February Half-Term in partnership with the Southend Council HAF Programme.

Children that are eligible for benefits related free school meals will be able to attend our Southend Mega Camps location this Half-Term completely free!

AGES
4-14

Our February Half-Term Camp is running from the 16th - 20th Feb 2026

We will provide children with lunch, snacks, plus an action packed timetable of Sports, Arts & Crafts + Mega Activities each day!

Spaces are first come first serve so don't miss out! Secure your child's place today.

To secure your child's free place simply click the link below:

[HTTPS://EEQU.ORG/BOOK/MEGA-CAMPS-SOUTHEND-HAF-WITH-MEGA-CAMPS-18753](https://eequ.org/book/mega-camps-southend-haf-with-mega-camps-18753)

CUSTOMERSUPPORT@MEGACAMPS.NET

0333 012 4378



The background is a light pink color with various heart-shaped decorations. There are large, thick-lined hearts in shades of red and pink. Some hearts are filled with a darker shade, while others are just outlines. There are also smaller hearts, some with a white outline and a red center, and some that look like strawberries. A hand holding two balloons (one dark red, one light red) is visible in the bottom right corner. The text is centered and written in a cursive, red font.

Join us for
Valentine's Day
Gift Sale

February 13th
Break and Lunch
Main Canteen

See you there!

10 Top Tips for Parents and Educators

SUPPORTING SAFE USE OF AI

Artificial Intelligence (AI) is increasingly woven into young people's digital lives. It can offer some educational benefits and day-to-day assistance; however, it also raises concerns about misinformation, privacy, fairness, and safety. This guide provides parents and educators with practical strategies to support young people to navigate AI tools responsibly, and to use them safely and with discernment.

1 DEMYSTIFY WHAT AI REALLY IS

Children encounter AI in most online places, including games, streaming platforms, and school tools. Explain that AI uses patterns from past data to make decisions, but it doesn't think or feel like humans. Use age-appropriate examples, like how recommendations on YouTube or Netflix work, to build understanding and prevent false beliefs about AI being all-knowing or alive.

2 TALK ABOUT RISKS OF MISINFORMATION

AI can create convincing false information, including deepfake videos, photos, and fake 'facts'. Encourage children to think critically about what they see and read. Teach them to double-check information using reliable sources, to look at images and videos carefully, and to ask an adult if something doesn't seem right.

3 DISCUSS DATA AND PRIVACY

Explain that AI systems learn by analysing lots of data, sometimes including personal information. Help young people to be mindful of what they share online and why protecting personal data matters. Model good habits like reading app permissions together or reviewing what's collected by voice assistants like Alexa or Siri.

4 ENCOURAGE CREATIVE USE OF AI

Support children, when using AI tools, to explore ideas, make art, or build projects. This fosters confidence, imagination, and independent thinking. When children use AI creatively, rather than just passively consuming it, they are more likely to stay engaged and make thoughtful choices.

5 USE AGE-APPROPRIATE AI TOOLS

Not all AI platforms are suitable for children. Choose tools designed for education or creativity, with clear safety policies. Review terms of use and privacy settings, and help children use them in age-appropriate ways. For example, some chatbot tools mimic conversation but should only be used with guidance and boundaries in place.

6 USE AI TOGETHER

Exploring AI tools together can help adults understand how they work and spot potential issues. Try co-writing a story with an AI writing assistant or experimenting with an AI art tool. This encourages curiosity, helps you stay informed about the latest AI tools, and allows you to reinforce safe and respectful use while modelling critical thinking.

7 SET BOUNDARIES FOR AI USE

Establish when, where, and how AI tools can be used, just as you would with any digital technology. For example, you might agree not to use AI tools to complete school assignments without permission, or to avoid unsupervised use of voice assistants. Consistent boundaries help manage overuse and misuse.

8 WATCH FOR OVERRELIANCE

Some AI tools, like homework help apps, may be tempting shortcuts. Encourage children to use AI to support their thinking, not replace it. Celebrate effort and process over perfect answers. Reinforce that mistakes are part of learning and that relying too heavily on AI can limit real understanding.

9 TEACH DIGITAL ETHICS AND LITERACY

Help children explore how AI works, where it might be biased, and why ethical thinking matters. Building digital literacy alongside ethical awareness ensures children engage with AI critically, not just conveniently. Help young people to understand that not all people use AI for legitimate purposes; some use it for malicious reasons. Encourage questions about fairness, representation, and who benefits from certain tools; talk about algorithms, echo chambers, and the impact of automation on daily life.

10 STAY CURIOUS AND INVOLVED

AI is developing rapidly, and staying informed helps you support the young people in your care. Follow trusted sources for updates and keep the conversation going. If a child brings up a new AI trend or tool, take the opportunity to learn about it together. Showing interest builds trust and strengthens digital resilience.

Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

#WakeUpWednesday

The National College



CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.

 [Listen to this newsletter](#)

OPPORTUNITIES



Join Pathway Group during National Apprenticeship Week 2026 to discover more about the fantastic world of apprenticeships! This [FREE online careers fair](#) will cover everything from discovering opportunities with organisations first-hand and guidance on how to apply for and make the most of an apprenticeship! With top companies and learning providers promoting their career opportunities, the event is the perfect place to get inspired and meet your next potential employer. Taking place each day from 12pm - 2pm on Mon 9th - Fri 13th February 2026.



Capgemini are running a [Virtual Insight Session](#) for Years 9+ on Tues 17th Feb from 12pm - 2pm. You will explore future pathways in technology, consulting, and digital transformation through meaningful employer encounters aligned with Gatsby Benchmarks 2, 4, and 5, where students engage with Capgemini professionals, build commercial awareness and problem-solving skills, and gain insight into career pathways, apprenticeships, and company culture.



Schroders is a world-class asset manager whose purpose is to provide excellent investment performance for their clients. They operate in over 30 locations - with over 5000 staff - across Europe, the Americas, Asia and the Middle East. By attending [their work experience day on 5th March](#), you'll hear from finance and tech professionals on how they create the best returns on the assets they manage



The worlds of learning, education, careers and work are full of terminology, abbreviations, phrases and words that can be difficult to decipher. In this [Jargon Buster](#), you'll find some examples of commonly used words and phrases that you'll see on various websites, with a clear explanation of what they mean.



Get Career Confident has brought together [a list of virtual work experience opportunities](#) available to young people. We really recommend you take advantage of some of the fantastic virtual opportunities available and you never know one may lead to a face to face experience and even a job in the future! We recommend you first read [this](#) so you can be fully prepared for any virtual work experience you access.

JOB OF THE WEEK



[Architect](#)

An architect is a trained, licensed professional who plans, designs, and oversees the construction of buildings and structures, blending creativity with technical, scientific, and structural knowledge. They translate client requirements into functional, safe, and aesthetic spaces.

LABOUR MARKET INFORMATION FACT

Awareness of ChatGPT and its capabilities among students has grown to 96% over the past year, with many using it to assist with coursework and increasingly, job applications and assessments.

[Source](#)

If you have any questions or need support, please email careers@chasehigh.org



CAREERS NEWSLETTER

OPPORTUNITIES

The Academy of Real Assets' Annual Creative Competition happens each academic year. It's designed to inspire students across the UK to think creatively about real estate, real assets, the built environment, and the future of our communities. This year, they're asking you to respond to the prompt: "My Favourite Building..." Whether it's a famous landmark, a holiday memory, or a hidden gem in your neighbourhood, tell us why it's special to you. The format is up to you; you can write an essay or poem of up to 800 words, film a one-minute video, design a piece of artwork or capture an image. Winning entries will be featured in a beautifully designed hardback book, distributed to schools, employers, and universities across the UK. [Submit your entry here](#) by 27th March 2026.



If you're interested in the field of architecture but not sure where to start, explore the different pathways to qualifying as an architect and the role RIBA plays in architectural education. You can [read more here](#) and [watch a video on this topic here](#).



Go Construct provides resources for anyone looking for a career in the construction and built environment sector. We showcase the many rewarding opportunities available and help people from all backgrounds to enter an exciting and growing industry which has a huge impact on the UK's housing, industry and infrastructure. With so many roles available in construction it can be hard to know where to start, why not [use this webpage](#) to learn more about various career options.



Have you ever wondered how speaking different languages may help you in your career? [Check out this video series](#) which shows different people in different job roles explaining how their language skills have been useful in their role.



Work experience is an important feature of any strong university application. But did you know that for certain degree courses,, it's an essential entry requirement? Learn which courses require you to have [completed work experience here](#).



You can [find online work experience here](#), some opportunities are "virtual to reality" meaning that they may offer you the opportunity for in person work experience.



EMPLOYER SPOTLIGHT

"Foster + Partners welcomes designers, innovators, makers and pioneering trailblazers to join the practice. We want to work with the best talent from across the industry and develop our people to grow within our practice. With people from diverse backgrounds, we nurture innovation and flexibility to deliver extraordinary projects." You can [read more about careers at Foster + Partners here](#).

UNI SPOTLIGHT

"We are globally celebrated for our research, development and innovation, providing students with exceptional teaching for over 400 years. We encourage our people to push the frontiers of knowledge today, helps ensure we make a positive sustainable mark on the world tomorrow." You can [read more about the University of Edinburgh here](#).

If you have any questions or need support, please email careers@chasehigh.org