



## Headteacher's Comment

As we near the end of term and the summer holidays approach, we are enjoying some of the best weather the UK has to offer. Thankfully, it was cooler today as our pupils took part in the annual sports day. Medals were plentiful, and once again, the pupils were incredibly supportive of everyone who took part, whether they came first or not. This academic year has shown how truly resilient our school community is, and we continue to improve at every turn. Thank you for your support this year—I am already looking forward to welcoming the new Year 7 pupils on 1 September.

#ProudtobeChase



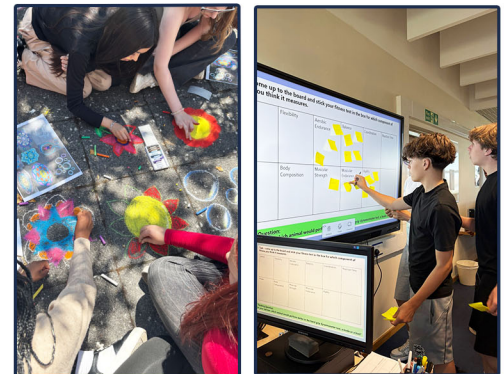
## Top of the Pops Attendance Challenge!

Last term, we hid 100 golden eggs around the school and eager pupils hunted them down to receive a prize. This term, the challenge is back but in the spirit of summertime, we're hiding ice pops! If you find an ice pop card, take it to Sixth Form Reception at lunchtime to receive your cold treat!



## Year 10 Sixth Form Taster Day

Yesterday, Year 10 pupils had the chance to experience what life in Sixth Form is really like, with Mrs Mulford and the Sixth Form team. Pupils attended A Level and BTEC subject sessions, explored potential career paths, and got stuck into Enrichment activities ranging from the Chelsea Football Academy and mindfulness, to art & culture and basketball. It was a valuable opportunity for pupils to start thinking about their futures and make more informed choices about what they might want to study after their GCSEs.



## Waddle on Sea

On Friday 4 July, we were invited to the Waddle on Sea launch event. Liliana in Year 13, who designed and painted our penguin, and Alyssa in Year 8 who won the competition to name it, had the opportunity to have a sneak preview of all the Waddles before they were delivered to the trail which begins this weekend. Maps are available if you go to: [www.visitsouthend.co.uk/guide/waddle-on-sea/](http://www.visitsouthend.co.uk/guide/waddle-on-sea/)

We look forward to seeing Chase High's penguin "Puddles" in the Forum! We will reveal our design in next week's News & Views!



## Start of Autumn Term 2025

**Year 7 and Year 12** students return to school on **Monday 1 September 2025 at 08.25**

**Year 11** return to school on **Monday 1 September 2025 at 10.00**

**All other year groups** return to school on **Tuesday 2 September 2025 at 08.25**





This week, a group of Year 9 pupils attended the Imperial War Museum for a workshop on the Holocaust. The pupils were a credit to Chase High School and engaged in both sessions. The group then had time to explore the museum and learnt about WWI and WWII in more depth. The workshop allowed pupils to see actual artefacts from the Holocaust and to link their experience to their classroom studies.



## Cricket Festival

The U13 girls' cricket team had an inspiring and rewarding day at the Southend Girls Cricket Festival, hosted at Benfleet Cricket Club. Taking part in this event proved to be more than just about competition—it was a day of growth, resilience, and team spirit. Facing off against strong opposition, the girls showed great determination throughout the festival. They won two of their matches, displaying improved teamwork, bowling accuracy, and some effective batting. In the two matches that ended in narrow defeats, the games were close and pupils learnt lots about tactics and teamwork.



## Medical Reminder

If your child has any medication in the medical room, please ensure you collect it before the end of term, as it will be disposed of in the appropriate manner. All Epi-pens must have a one year shelf life when being left at school, which may need to be updated in September.

## Book of the Week!

### The Boy in the Striped Pyjamas

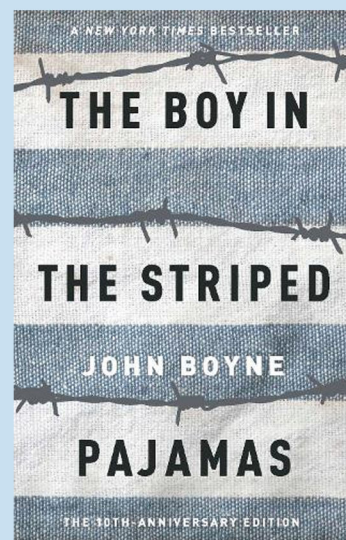
**Age recommendation:** Young Adult

**Short synopsis:** If you start to read this book, you will go on a journey with a nine-year-old boy named Bruno. (Though this isn't a book for nine-year-olds.) And sooner or later you will arrive with Bruno at a fence.

Fences like this exist all over the world. We hope you never have to encounter one.

#### Pupil Review:

"It is really good. I am halfway through and there is so much mystery around Bruno and what is really going on." - Roua, Year 8.



## Dates for your Diary:

**15.07.25 – 18.07.25** Celebration Assemblies

**17.07.25** Excellence Assemblies

**21.07.25** Rewards Fun Fair

**23.07.25** Last Day of Term/ Early Close 13.25



**DISCOVERY**  
EDUCATIONAL TRUST

**Chief Executive Officer: Mr R Duff**

Chase High School is proud to be part of the Discovery Educational Trust



[www.chasehigh.org](http://www.chasehigh.org)



@chasehighschoolsex



@chasehighschool



@chasehighsch

# SUPPORT FOR SCHOOLS

Free Advice from Southend  
Educational Psychology Service



Southend-on-Sea  
City Council



Everybody responds to loss and bereavement in a different way. There is no right or wrong way.

Responses may be affected by the relationship your child had with the person. Age and developmental stage will also affect how your child understands and processes the bereavement and how they grieve. Some changes in behaviours you may see are:

Age or Stage	Babies	Toddlers and pre-school	Primary	Secondary
Emotional and physical responses	<ul style="list-style-type: none"><li>• Clinginess</li><li>• Crying more</li><li>• Jumpy</li><li>• Anxious</li><li>• Poor feeding</li></ul>	<ul style="list-style-type: none"><li>• Clinginess</li><li>• Crying more</li><li>• More tantrums</li><li>• Withdrawn</li><li>• Loss of bladder control</li><li>• Change in sleeping and eating patterns</li><li>• Regressed behaviour e.g wanting a bottle.</li></ul> <p>For toddlers, death is usually seen as temporary and reversible.</p>	<ul style="list-style-type: none"><li>• Clinginess</li><li>• Upset, crying</li><li>• Irritability, defiance or disobedience</li><li>• Anxious</li><li>• Bad dreams</li><li>• Blaming themselves</li><li>• Unsettled, difficulty concentrating</li><li>• Forgetfulness</li><li>• Change in sleeping and eating patterns</li><li>• Toileting or bed wetting issues</li><li>• Sore tummies and headaches</li></ul>	<ul style="list-style-type: none"><li>• Anxious and fearful for family, friends and themselves</li><li>• Strong emotional reactions such as shock, anger, guilt or sense of rejection</li><li>• Sense of shame or embarrassment</li><li>• Trying to please adults</li><li>• Hiding feelings</li><li>• Spending a lot of time thinking and talking about the death</li><li>• Feeling isolated and withdrawing</li><li>• Saying or acting like they don't care</li><li>• Risk taking behaviours to escape or cope</li><li>Headaches or physical pains</li></ul>

Changes in behaviour and mood are normal responses to loss and bereavement.  
Grief is exhausting for children as well as adults.



**While every child and young person will respond differently, there are things which you can do which will help them to understand what has happened, process their own feelings and emotions and in time move through the grieving process.**

- Be honest and use clear words like “dead” and “death”. Avoid saying things like “gone to sleep” or “lost,” which can be confusing for children. If you don’t know the answer to something, it’s okay to say so.
- Let the child talk when they’re ready. Don’t force conversations, but create a safe space where they know it’s okay to share thoughts and ask questions. Reassure them it’s not their fault – many children worry they somehow caused the death.
- Share memories of the person who died. Talking about them helps children understand that it’s okay to remember and feel connected, even after death.
- Show your own emotions. It’s okay for them to see you upset – it teaches them that feeling sad, angry, or confused is a normal part of grieving. Help them find safe ways to express their own feelings too.
- Keep routines as normal as possible. Familiar daily activities offer comfort and stability. Let them know it’s still okay to laugh, play, and enjoy things, even while they’re grieving.
- Everyone grieves differently. Don’t compare their response to yours or to others. Support them in their unique way of coping, and give them time.
- Take care of yourself. Looking after your own emotional wellbeing helps you be the support they need.

### Useful Websites:

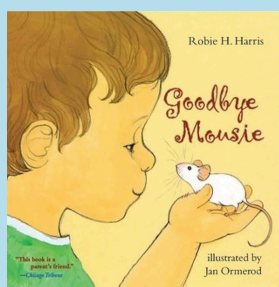
Child Bereavement UK: [www.childbereavementuk.org](http://www.childbereavementuk.org)

Hope Again: <https://www.hopeagain.org.uk/>

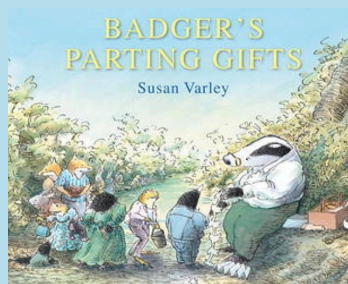
Winston’s Wish: [www.winstonswish.org.uk](http://www.winstonswish.org.uk)

Grief Encounter: [www.griefencounter.org.uk/young-people](http://www.griefencounter.org.uk/young-people)

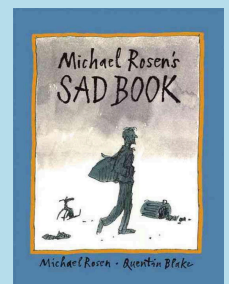
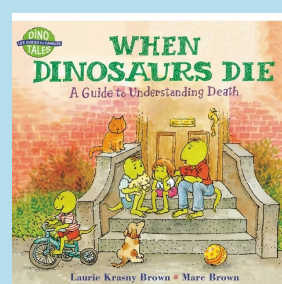
### Helpful Books:



Suitable for toddlers



Suitable for Primary



Suitable for secondary



# What Parents & Educators Need to Know about AI-ENABLED SCAMS

## WHAT ARE THE RISKS?

### PHISHING EMAILS: BETTER & QUICKER

Phishing scams – emails designed to trick people into handing over login details or money – are not new, and do not rely on AI; however, AI has made them far more dangerous. Criminals can now generate highly convincing emails at speed, mimicking an organisation's tone, branding and language with ease. This makes phishing attempts harder to spot, especially for young people who may not yet know what to look out for.

### ONLINE MARKETPLACE FRAUD

Online marketplaces are now a common way to buy and sell everything, from second-hand clothes to cars. Criminals are exploiting this by using AI to enhance or completely fake product photos and videos, and pressure buyers into paying deposits or full amounts upfront. These tactics are becoming more advanced, making it vital to pause, check, and verify the sale before parting with any money.

### VOICE IMPERSONATION

AI can now realistically impersonate a person's voice when given a small sample of someone's speech patterns. This is especially concerning where voice has been enabled as an alternative to password-based logins. One such example was the use of AI deepfake audio as part of a fake kidnapping scam: the criminals used an AI voice clone of a 15-year-old to convince her parents she had been kidnapped and elicit a ransom.

### EMPLOYMENT SCAMS

Using AI, criminals can create fake online profiles that seem completely real. These synthetic identities can chat with young people about fake job offers, asking for money to secure a visa or paperwork. In 2025, The Guardian reported a scam targeting young people with promises of quick cash, posing as TikTok staff.

### INFLUENCER & INVESTMENT SCAMS

AI tools now make it easy to manipulate video and audio, with technology available that can generate entirely fake content using the likeness of celebrities or influencers. Criminals are using this to create convincing videos of well-known figures promoting fake products or services, which young people can be particularly susceptible to. Cryptocurrency scams are a common tactic, luring people into investing in schemes that do not exist. Once payment is made, the criminal simply disappears with the money.

### ROMANCE SCAMS & SEXTORTION

AI chat bots can now mimic real conversations, often accompanied with realistic fake photos and videos, which makes it easier for criminals to build trust with young people – among other things, this can lead to fraud or sextortion. In 2024, the NCA's CEOP Safety Centre received 380 reports of sextortion. Alarmingly, in the first five months alone, police received an average of 117 monthly reports involving under-18s, showing how serious and targeted this threat has become.

## Advice for Parents & Educators

### THINK CRITICALLY

The key to addressing the increasing growth of AI-enabled scams is to think critically and show caution. Inform children that if something is too good to be true, then it probably is. Encourage them to stop and carefully consider what they are seeing and reading before taking any action. For example, if a social media post expresses urgency, proceed with caution; if content seems unusual, even from a known person, it may be that their account has been hacked.

### SEEK TO VERIFY

Criminals may breach an influencer's account or spread misinformation and fake content; however, their approach will generally be limited to a single account, site or service. Where possible, show children how to verify information to check its legitimacy before proceeding. Small actions, such as phoning the person who is the subject of a suspicious email, or checking content via an individual or company website or social media sites can make the difference. The greater the risk, the more effort we should expend to confirm whether the information presented is true or false.

### USE TRUSTWORTHY SITES AND SERVICES

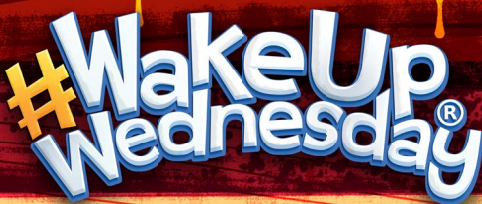
Online marketplaces are useful when buying and selling items; however, where possible, encourage children to use reputable companies and their online shopping sites. These companies are likely to have more sophisticated cyber-security safeguards in place, underpinned by consumer legislation, enabling them to control how products and services are displayed and traded on their sites.

### REPORT IT

As the sophistication of scams increases, the likelihood of being tricked by them also increases, especially when not paying attention or acting quickly. It is important that young people know how to report incidents as they happen. Show children how to report their concerns to the social media site, Action Fraud, banks, and other individuals or organisations linked or involved. If you are unsure of the most effective reporting channel, contact Action Fraud.

### Meet Our Expert

Gary Henderson is the Director of IT at Millfield, a large independent boarding school in Somerset, as well as a member of the Digital Futures Group, Vice Chair of the ISC Digital Advisory Group and an Association of Network Managers in Education (ANME) Ambassador.



The National College



# Early Help Community News

Bringing you the best community highlights happening across Southend

## Summer Holidays



### Woohoo The Summer Holidays are here!!

The weather has been glorious and we are truly blessed to have 7 miles of coastline on our doorstep, a day out down the beach does not need to cost a lot.

The cycle path along the seafront has recently been resurfaced, making it a perfect time to get out on your bike or skates and enjoy our amazing coastline.

As usual [visit southend](#) has got you covered for things to do.

[Mums Guide to Southend](#) your essential guide to what's on for children and families over the next few months in and around Southend. They also regularly post events, things to do and other news on Facebook, Instagram and Twitter. If you are looking for Holiday Clubs and Camps they have a dedicated section for those too!

Over at [Active Essex](#) there is a [childrens summer activity book](#) Free to download!

### 6 Weeks Sorted—Relieving Pressure For Parents over the Summer Holidays Lunchinar

Join SAVS and Lessons Alive online on Thursday 17th July, from 12pm to 1.30pm for this free session, highlighting what you can do with your kids over the holidays. [Book your free place](#)

The summer holidays are fast approaching, and many parents look forward to them and dread it often in equal measure!

This webinar will do the thinking for you, giving a broad outline plan of activities from which you can pick and choose.

Written and run by an experienced teacher, Gail Hugman, this webinar will give you ideas to keep your children happy, engaged and busy while developing their learning skills, so they hit the ground running in September!

Know what to do each week – even when you go away!

Have a store of things to do on wet days.

Have a stock of things to do that won't cost the earth.

And all that while supporting your child's education!



## HAF Summer Bookings are open NOW!!

We're thrilled to announce the return of our Holiday Activity and Food (HAF) Programme this summer, packed with exciting activities for eligible children! The programme runs from Monday, 28 July to Friday, 22 August 2025.

Simplified booking for your family: This year, we've teamed up with the Eequ booking platform to make securing your child's place easier than ever. You won't need a HAF code! If your child receives Benefits-related Free School meals, the Eequ platform will automatically recognise their eligibility once you create an account and add their details.

If your child has been referred for a funded place by a school or professional but isn't eligible for Free School Meals, the booking process is the same – we'll simply need to approve your booking first against our referral database.

Have a look at what's available this summer <https://www.eequ.org/southendhafprogramme>



The poster features a dark blue background with a yellow wavy banner across the middle. At the top, the text 'Holiday Activities and Food' is written in white on a teal background. To the right, a pink starburst contains the word 'FREE' in white. Below the banner, a group of diverse children are shown in a circle, holding hands and smiling. To their right, three stacked teal boxes contain the text 'Have fun', 'make friends', and 'be active!'. At the bottom, there is a dark blue bar with the website 'www.southend.gov.uk/HAF' on the left, social media icons for Facebook, Twitter, LinkedIn, and Instagram below it, and logos for the Department for Education, the HAF Southend-on-Sea logo, and Southend-on-Sea City Council on the right.

**Holiday Activities and Food**

**FREE**

Have fun  
make friends  
be active!

[www.southend.gov.uk/HAF](http://www.southend.gov.uk/HAF)

Department for Education

Holiday Activities & Food  
Southend-on-Sea

Southend-on-Sea City Council





# SUMMER FUN DAYS

A super Free event over the upcoming Summer Holidays

Dates: Tuesday, July 29, 2025

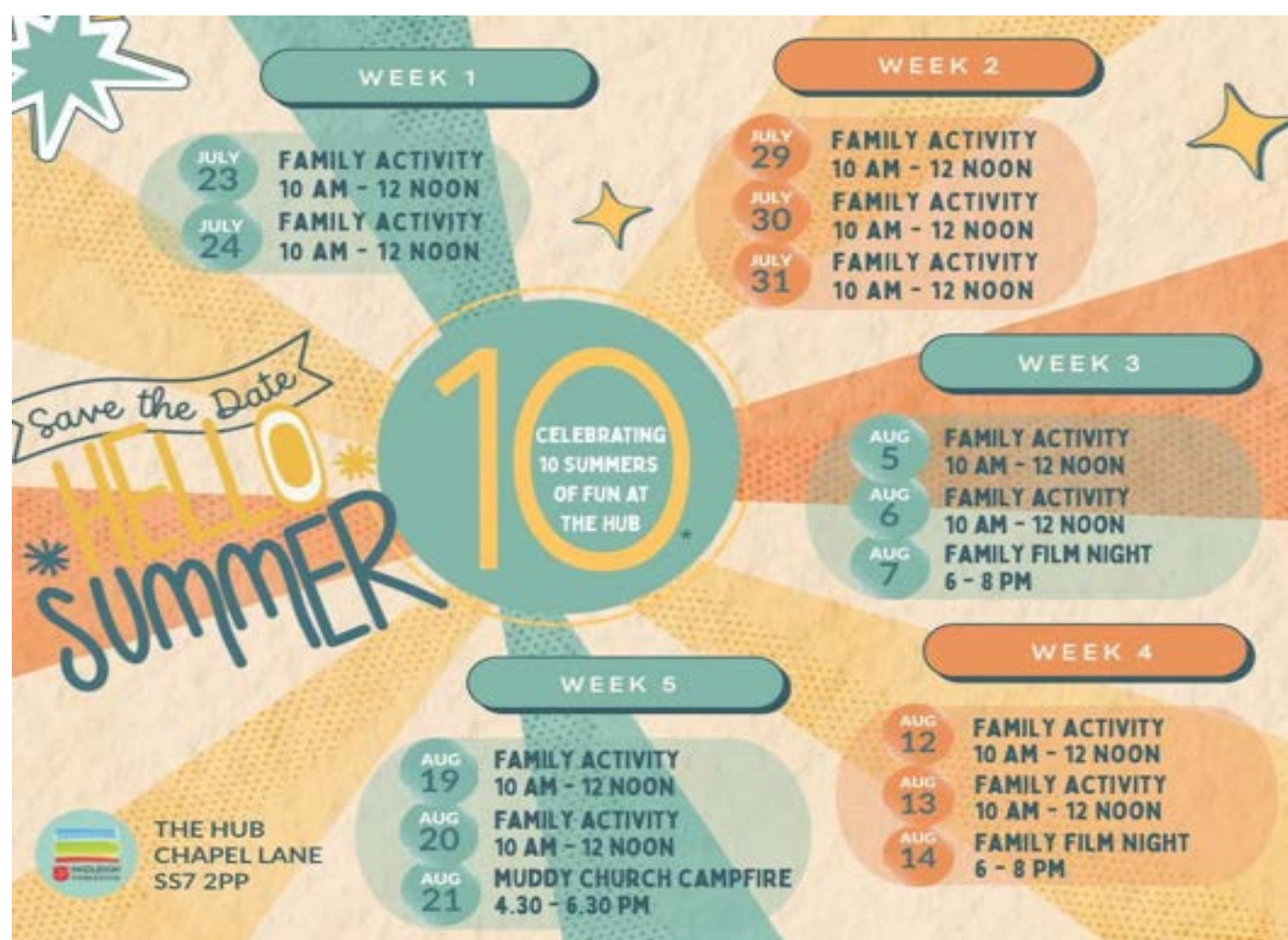
Time:

Friday, August 1, 2025

10am to 1pm

Bouncy Castle and Many other activities  
Light Lunches and Refreshments included

**avenue** Litza.Smith@avenuebaptist.com  
BAPTIST CHURCH Milton Road, Westcliff on Sea, Essex, SS0 7JX





Free

# St Mary's

North Shoebury



VR  
Experience

Picnic  
Area &  
Toys

## EcoFest



AGES  
0-18

Nature Quest

Outdoor  
Learning

Science  
Experiments

Eco Crafts

Refreshments

26<sup>th</sup> August 10am-1pm

Children to be accompanied by their grown-ups  
North Shoebury Road SS3 8UL. Free Parking.





One giant leap for Southend's aspiring astronauts! This summer, join our intrepid intergalactic team at Southend Central Museum for a full weekend of planetarium shows, handling sessions, astronomy talks and space activities at our Supermassive Space Weekend. Its like Space Day... but Supermassive!

Little Stars Early years Show

Gentle Stars - SEND Planetarium

Meet the Meteorites

Summer Skies

Mini Moons

info and tickets at

<https://www.eventbrite.com/.../supermassive-space-weekend...>







## BIG SUMMER ANNOUNCEMENT!

For the first time ever at Scott's of Southend, we're launching TWO huge outdoor attractions to make your summer unforgettable!

Get ready for Crazy Farm Foot Golf – a brilliantly bonkers 9-hole kick-about where football meets mini golf on a fun, farm-themed course! Perfect for all ages and packed with laughs.

AND introducing Southend's First Ever Maize Maze – acres of adventure with twisty corn trails, activity sheets for the kids, and fresh air fun from start to finish.

Foot Golf £9

Maize Maze £7.50

OR grab our brand-new Summer Bundle – just £15 per person, saving £6 for a family of 4!

Both events run 26th July–31st August

Foot Golf: Timed sessions | Maize Maze: Open all day

Held right here at Scott's of Southend

Book Here- <https://scottsofsouthend.digitickets.co.uk/tickets>

A promotional image for the Summer Event Bundle Deal. It features a family of four (a man, a woman, and two children) smiling in a field of tall green grass. In the foreground, a person's legs are visible, kicking a red and black soccer ball. A large orange starburst graphic on the right says "SAVE £1.50 per person!". The text "£15 Summer Event Bundle Deal! MAIZE MAZE & FootGolf" is prominently displayed in the center. At the bottom, it says "Book Online Now!". The Scott's of Southend logo is in the top left corner.

Scott's of Southend

**£15** Summer Event Bundle Deal!  
MAIZE MAZE & FootGolf

SAVE £1.50 per person!

Book Online Now!

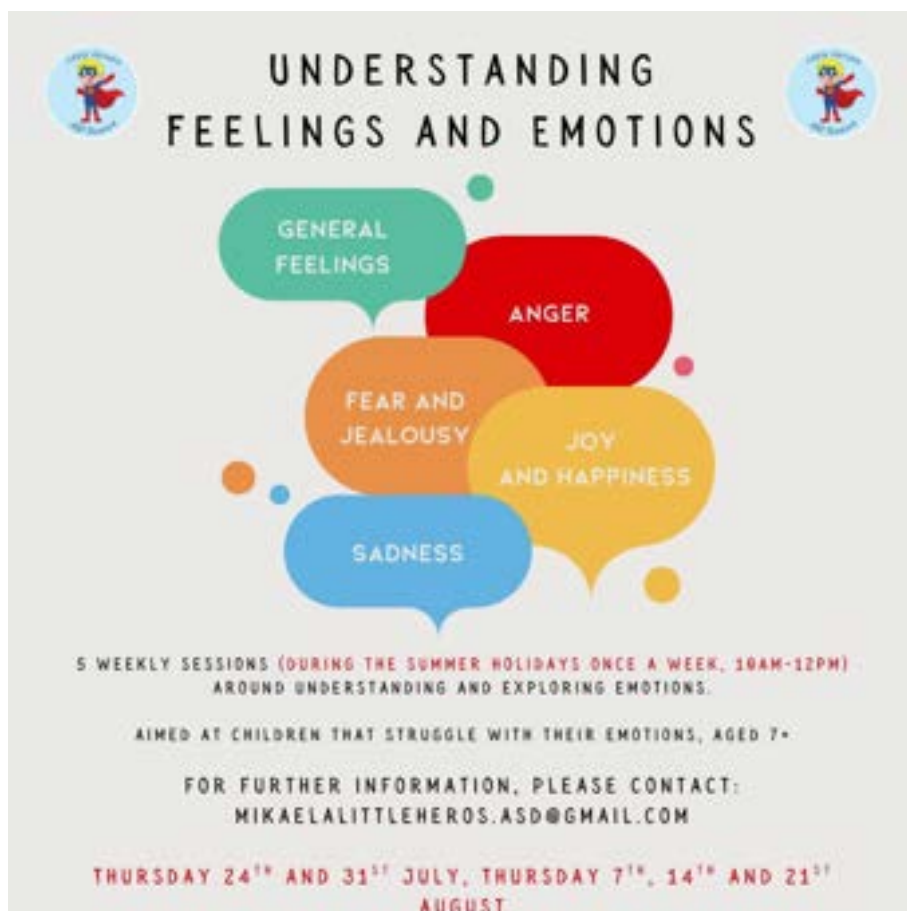
There is loads going on at Little Heros ASD support this summer—follow them on facebook for all the latest— Click the link below to view what's on and book your place

[Little Heroes ASD Support Group - Booking by Bookwhen](#)

Understanding feelings and emotions.5 week in-hub sessions.

£10.00 per child (this covers all 5 sessions)

For further information, please contact Mikaela on the provided email.



Come and join us for our next football fun day!

£3.00 per child, £1.00 per adult....We have 5 food and drink vendors joining us on the day...It is going to be a day not to miss!



FREE

# 18-24 DROP-IN TUESDAYS 3:30PM - 5:30PM

YMCA SOUTHEND & SOUTHEND VINEYARD PRESENT:

THE 18-24 DROP-IN

A WEEKLY SPACE FOR YOUNG PEOPLE AGED 18-24.

- FREE REFRESHMENTS
- MAKE NEW FRIENDS
- GET ADVICE & SUPPORT
- ACTIVITIES: GAMES, ARTS & CRAFTS, TABLE TENNIS, XBOX + MORE!

LOCATION:

THE BRIDGE HUB

6 WARRIOR SQUARE

SOUTHEND ON SEA, SS1 2JE

KEEP UP TO DATE WITH OUR SOCIALS:



Find Your Voice Southend



@fyv\_findyourvoice







# PLACES WHERE KIDS EAT FREE (OR FOR £1) SUMMER HOLIDAYS 2025



[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)

## ANGUS STEAKHOUSE

Kids under 8 eat FREE daily, 12pm to 5pm

## ASDA

Kids eat for £1 daily, with no adult spend

## ASK ITALIAN

Kids under 10 eat for £1 during school holidays

## BEEFEATER

Kids Eat FREE with Newsletter Voucher this Summer

## BELLA ITALIA

Children eat for £1 with any adult main

## BILLS

Kids Eat Free weekdays, 21st July – 29th Sept

## BREWERS FAYRE

Kids Eat FREE with Newsletter Voucher this Summer

## BREWDOG

2 Kids eat free with 1 adult, 19th July - 31st August

## BURGER KING

From 28th July - 31st August, Kids Eat Free (via app)

## CHIQUITO

Kids eat FREE Daily Until August 31st

## DOBBIES GARDEN CENTRES

Kids eat for £1 with an adult breakfast or lunch

## FRANKIE & BENNY'S

Kids Eat Free from 14<sup>th</sup> July – 31<sup>st</sup> August 2025

## FUTURE INNS

Under 5s eat for free with any adult meal

## GORDON RAMSEY RESTAURANTS

Kids under 10 eat FREE all day, every day

## HARVESTER

Kids eat for £1, Mon - Fri via the App

## HUNGRY HORSE

Kids eat for £1 on Mondays

## IKEA

Kids get a meal from 95p daily from 11am

## LAS IGUANAS

Kids under 12 eat FREE with 'My Las Iguanas' App

## MARCO PIERRE WHITE

Kids under 12 Eat FREE daily with an adult spend

## MORRISONS

Kids Eat FREE all day, every day with a £5 spend

## PAUSA CAFE @ DUNELM

Kids eat FREE with every £4 spend after 3pm

## PREMIER INN & TRAVELODGE

2 kids eat for FREE with 1 adult breakfast

## PRETO

Kids up to age 10 eat free with 1 paying adult

## PUREZZA

Kids under 10 get free pizza with every adult meal

## SA BRAINS PUBS

Kids eat for £1 on Wednesdays

## SIZZLING PUBS

Kids eat for £1, Every Monday to Friday, 3 - 7pm

## TABLE TABLE

2 Kids Eat free breakfast daily with 1 paying adult

## TESCO

Kids Eat FREE with a 60p spend until Aug 31st

## TGI FRIDAYS

Kids Eat Free with any adult meal (Via App)

## THE REAL GREEK

Kids under 12 eat FREE Sundays with £10 spend

## TOBY CARVERY

Kids eat for £1 all day (weekdays) until Aug 29th

## WHITBREAD INNS

2 kids eat for FREE with 1 adult breakfast

## YO! SUSHI

Kids eat free all day (weekdays) in school holidays

## ZIZZI

Kids eat free this summer holidays (ex Saturdays)



As always we want everyone to be safe this summer, whether you are at the beach ,in the woods, or at home there is a parent safety booklet to download from the childrens accident prevention trust with summer safety tips. There are lots of free resources for parents and carers on the website.

[Child Accident Prevention Trust | focus-on-summer-safety](#) .

### **Important Safety Message From HM Coastguard Southend on Sea**

This safety message is directed to all parents of children who continue to jump ('tombstone') off of our local piers and jetties whether they are in sight or out of sight of parent/guardian, example;

- Barge Pier on Garrison
- Prince of Wales jetty off Marine Parade
- Bell Wharf Old Leigh

Whilst such activities appear on the surface as fun (who needs the 'fun police' some might say...), actually these local piers and jetties have hidden dangers and we have have seen many incidents down the years causing injuries.

So;

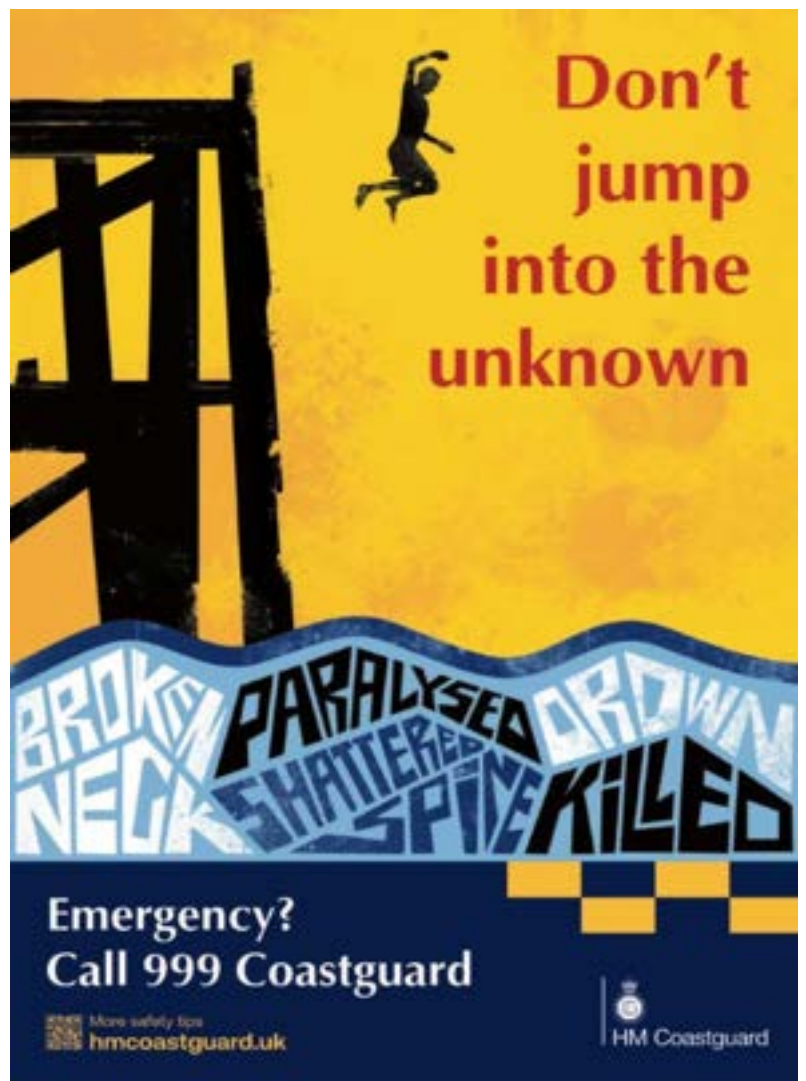
1. Think before you leap. You don't always know what you're jumping into
2. Tombstoning from piers, cliffs, rocks or other structures into the sea can be very dangerous
3. The depth of water can dramatically change with the tide here in Southend. We have seen too many people jump in on an 'ebb tide' (outgoing tide) - THIS IS EXTREMELY DANGEROUS
4. You don't know what hazards may be lurking under the surface until you are hurt or worse
5. The shock of cold water may make it difficult to swim safely and strong currents can quickly sweep you away. This is especially so around Barge Pier on the Garrison. These currents can sweep you under the surface (where there are multi obstructions) and quickly out into open sea in that locale

So the message to all parents local and those visiting for the day, please help us educate your loved ones to the hidden dangers of tombstoning in our local area.

There is a reason it's called 'tombstoning' - don't let them be one of the statistics!

Should you see anyone in trouble on or near the coast, don't hesitate to dial 999 and ask for the Coastguard, you could save someone's life!









# CALLING ALL WORKING FROM HOME PARENTS

SUMMERS ARE PRECIOUS, BUT THE CHILDCARE WHEN WORKING JUGGLE IS REAL.  
BOOK YOUR RELAXED FAMILY HANGOUT

BRING YOUR LAPTOP & CATCH UP ON EMAILS WITH A CUPPA, WHILST THE KIDS PLAY



All day, everyday, same amazing venue!

Advanced booking recommended. We are **100%** a relaxed vibe!



GROUND FLOOR 62 LONDON ROAD, SOUTHEND, SS1 1PG  
OPPOSITE SAINSBURY'S

[WWW.THEHANGOUTVENUE.CO.UK](http://WWW.THEHANGOUTVENUE.CO.UK) 07852191415

[info@thehangoutvenue.co.uk](mailto:info@thehangoutvenue.co.uk)



*Bored?*

*Been Creative?*

*Outside to play?*

*Read a Book?*

*Exercised for 10 minutes?*

*Done something helpful?*

