



Headteacher's Comment:

On Friday 9th February, Chase High welcomed Jonathan Duff, Nicola Darling, and Ian Jacobs from the Department for Education. Their visit provided the opportunity to witness first-hand the remarkable progress and improvements that have been made in recent years, and they were not left disappointed. During their visit, they toured the school and college, actively engaging with students and observing lessons. Their feedback echoed a profound sense of admiration for the exemplary behaviour, positive attitudes, and unwavering dedication to learning displayed by our students. We are immensely proud of our school community and the commitment to excellence that is demonstrated every day. The resounding impact of their visit serves as a testament to the collective efforts of our students, staff, and community. **#ProudToBeChase #ExcellenceEveryDay**



Anna Firth Visit:

On Monday, we were delighted to welcome Anna Firth, MP, to Chase High School. She visited the school to meet and personally congratulate our Year 9 and Year 10 Basketball teams for their hugely successful year in the sport. Last year the teams played a winning streak, getting to the quarter finals of the Essex Cup and became Borough Champions for the first time. Mrs Firth congratulated them for their recent achievements, commending them for their dedication to the sport. Mr Suttwood and Mrs Firth also displayed their basketball skills! A big thank you to Mr Clark and Mr Gridley for the support and coaching they have given the teams.



Careers Visit:

Luke Butler, from Nirvana Studios, visited our Media department this week to speak with students about his career journey in the media industry and how he started his own company. Luke has an impressive portfolio of clients, including the National History Museum, Red Bull, Sony, Boots, and Microsoft. He has also had the opportunity to film Catherine, the Princess of Wales, Kate Winslet, Quentin Blake, and Dua Lipa! He shared his enthusiasm for filming and provided students with an understanding of the day to day aspects of his creative job and the opportunities the media industry has to offer.



Indoor Athletics Final:

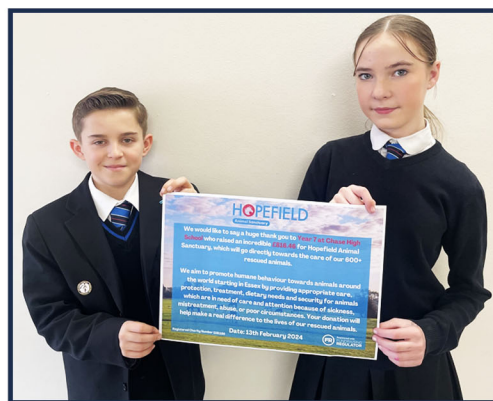
Congratulations to our Year 7 indoor athletics girls, who finished in sixth place yesterday in the Lee Valley Indoor Cup. They have now qualified for the A Final! This is a fantastic achievement and the first time in Chase High's sporting history.





LORIC Charity Task:

As part of LORIC week, pupils in Year 7 were challenged with a leadership task to raise as much money as they could for a charity. As a year group, Year 7 were able to raise an amazing £816.46. The tutor group who raised the most money were 7T3, and they decided that all money raised was going to be donated to Hopefield Animal Sanctuary. Well done to everyone who participated in this task.



Celebration Assemblies:

This week we have been celebrating our pupils' achievements in our celebration assemblies. Tutor groups have been competing all half term to gain the most house points and badges, as well as maintaining the best attendance and battling to win the subject quizzes. An extra big shout out to everyone who was awarded a Pupil of the Half Term award!



Word of the Week:

The word of the week from Monday 26 February 2024 is **Hypothesise**; To give a possible (but not yet proven) explanation about something.

Hypothesise

To give a possible (but not yet proven) explanation about something.

LORIC COMMUNICATION



House points totals for this week



617



777



770



695



Dates for your Diary:

19.02.24- 23.02.24 Half Term
29.02.24 JLT Training Day

01.03.24 Year 11 and P16 Geography Trip
04.02.24 – 7.02.24 World Book Week



DISCOVERY EDUCATIONAL TRUST

Chief Executive Officer: Mr R Duff

Chase High School is proud to be part of the Discovery Educational Trust

What Parents & Carers Need to Know about ONLINE DATING & RELATIONSHIPS

WHAT ARE THE RISKS?

Most online dating apps claim to be for over-18s only but, in some cases, relaxed age verification also allows children to access them. What's more, some popular social media platforms use similar design features to many dating sites – blurring the line between why a young person initially downloads an app and what they *actually* end up using it for.

ONLINE GROOMING

Online grooming is when someone forms a connection with a child in the digital world and carefully cultivates this relationship with the intention of manipulating the child into doing something sexual or illegal. The process involves gaining the young person's confidence – which can make them far less likely to tell a trusted adult about their new online 'friend', or to recognise what is even happening.

WEBCAM BLACKMAIL

Some young people have been coaxed into getting nude or semi-nude on a video chat with someone they met on a dating platform. They're then told that, unless they hand over a certain amount of money, a recording of the video will be posted online (or possibly sent to their contacts). This can be hugely traumatic for a young person and, in extreme cases, has resulted in self-harm and even suicide.

DAMAGE TO SELF ESTEEM

Many dating platforms encourage users to rate the images that people upload; this has clear potential to negatively impact a young person's self esteem. On some apps, pictures of a user's face and body can be rated anonymously, with notifications informing them if someone has then declined to match with them. This form of rejection can feel extremely hurtful and degrading.

CATFISHING AND SCAMS

Creating a false identity to deliberately lure people into a relationship (whether romantic or platonic) online is known as catfishing. Commonly, someone pretends to share interests or beliefs with their victim and gradually gains their trust. A young person's feelings for this fake 'friend' may cloud their judgement and can lead to them surrendering money, personal images, passwords and so on.

STALKING AND HARASSMENT

Stalking is obsessive behaviour by a fixated individual which disrupts their victim's life; it can bring severe distress and even the fear of violence. There have been frequent reports of stalking cases that originated on dating apps, with perpetrators creating new accounts in response to being reported or blocked. It's a particular cause for concern if a young person has ever given out personal details (such as their street or school name) online.

Advice for Parents & Carers

KEEP THE CONVERSATION GOING

Reassure your child that they can always talk to you about anything online that's worried them. Emphasise that if they're being sent unwanted images – or if they've shared images or video content themselves – they should tell you straight away. Discuss the potential risks of online dating and check in with them frequently to ensure that they're feeling comfortable about their online relationships.

TAKE A 'SAFETY FIRST' STANDPOINT

Encourage young people to be careful about who they send invitations to – and accept them from – on dating sites and apps. Familiarise yourself with how to adjust the privacy settings on your child's devices and apps to help them control who can access their profiles and information. Talk to your child about why it's unwise to share any sensitive, private or confidential information in their profile.

PROTECT CONTACT DETAILS

If a young person is interested in using online dating sites or apps, strongly encourage them to choose one that offers the facility to conceal both parties' email addresses when messaging prospective dates. If that's not possible, ensure that the young person sets up a separate email address which doesn't include their real name. This is easy to do via providers like Hotmail, Yahoo! Mail or gmail.

HIGHLIGHT COMMON DANGER SIGNS

Talk to your child about some of the obvious red flags in online dating: requests for money, for instance, should always ring alarm bells. Likewise, if a young person is in contact with someone who they feel is pressuring them into providing personal or financial information – or who they suspect is trying to trick them into it – they should end communication immediately and contact the dating service provider.

Meet Our Expert

Rebecca Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE). As well as delivering workshops and training for young people, parents and schools, she is also a subject matter expert on RSHE for the Department of Education.



The National College



National Online Safety

#WakeUpWednesday

Join the Westcliff Wildcats!



**Training every
Wednesday
18:30-19:45
for school
years 6 - 12!**

- DBS checked & RFU qualified female and male coaches
- Training alongside the Westcliff Lionesses
- Contact Sally at wildcatsrugby@yahoo.com for more information!

**Girls rugby is
growing so
come and give
it a go with
the Wildcats!**

