



## **Headteacher's Comment**

In this penultimate week, Chase High School once again welcomed Ofsted, who conducted another monitoring visit. The team could not speak more highly of the pupils and their kindness towards them and each other; they were a credit to the school. The school's improvement journey was recognised, and the ambition shown by teachers, pupils, and leaders was described as 'positive'.

More importantly, we celebrated the achievement, dedication, and resilience of our pupils during the excellence assemblies. It is always a pleasure to see proud pupils collecting their certificates and badges, receiving rapturous applause from their peers.

The schools values are currently being reviewed and we now have feedback from most stakeholders. They will be revealed on the first day back!

I wish you all a pleasant summer break and look forward to seeing you again in September.

**#ProudtobeChase** 

## Start of Autumn Term 2025

Year 7 and Year 12 students return to school on Monday 1 September 2025 at 08.25 Year 11 return to school on Monday 1 September 2025 at 10.00 All other year groups return to school on Tuesday 2 September 2025 at 08.25



This half term, Year 8 pupils were invited to take part in a competition to build a model of a WWI trench. The entries were fantastic, with pupils being very creative with cake, tea bags, sand, soil and Lego men! Our team of





judges had a tough time picking a winner, and results were very close! Big shout out to Stanley for his win, and an honourable mention goes to Harriet, Ruby and Josie who came in second and third.



## Duke of Edinburgh

Twenty-two Year 10 pupils successfully completed their Silver Duke of Edinburgh's Award expedition, showing outstanding determination and teamwork despite the challenging hot weather.

Over the course of three days, the pupils navigated independently through varied terrain, carrying expedition kits and demonstrating excellent map-reading, campcraft, and resilience. Despite the heat, spirits remained high as they supported one another, stayed hydrated, and followed safety guidance closely. Staff praised their maturity, positive attitude, and problem-solving skills throughout the journey. They should be incredibly proud of their achievement - it's a real testament to their endurance, collaboration, and commitment.



## Uniform Expectations

We really value your support in making sure pupils wear the correct uniform to school each day and look forward to a smooth start in September.

Please continue to support the high standards at the school by ensuring that when purchasing uniform this summer that is in line with the school's expectations. Black trousers should be a regular fit and length. They must not be denim, cropped, ankle grazers or be a skin type fit or leggings style. You are reminded that straight skirts are not permitted and only pleated; knee length skirts will be acceptable. Shoes should not be boots or have a significant heel on them. They must be of a material that can be polished and not be sports branded.

Some pupils enjoy an extreme hair cut in the long break and it is important that they are returned to normal cuts ready for the start of the September term. Hair colouring must be natural and of a single colour. The only jewellery that may be worn at school is a watch and a single pair of stud earrings, one in each of the lower ear lobes. Jewellery that does not fall into this regulation will be confiscated by year leaders and returned at the end of the school day. Full details of our uniform policy are available on the school website.



If your child has lost anything this term, please ask them to check with their year administrator. Anything not claimed by the end of school on Wednesday 23 July, will be disposed of or donated to our pre loved shop before the start of next term.



On Thursday, we celebrated pupils' achievements at our Excellence Assemblies. In these assemblies, pupils are recognised for excelling in a subject area, having 100% attendance and collecting house points. There are also special awards given for the 'Head of Year Award' and 'Headteacher's Award.' Pupils enjoyed a number of music performances throughout the assemblies. Congratulations to everyone who received an award!



This week, Year 7 pupils attended the Secret Cold War Bunker at Kelvedon Hatch followed by a visit to Colchester Castle. The rain didn't dampen pupils' spirits as they learnt about how Britain prepared for a potential nuclear war in the 1950s and the dynamic history of Colchster Castle. The pupils answered questions superbly and Mr Mustafa, Miss Jones and Miss Halladay were impressed by their knowledge.



**21.07.25** Rewards Fun Fair **22.07.2 – 23.07.25** Enrichment Days 23.07.25 Last Day of Term/ Early Close 13.25



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#### Chief Executive Officer: Mr R Duff

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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

# 10 Top Tips for Parents and Educators STAYING SAFE AROUND WATER

Enjoying time in, on, and around water plays a vital role in a young person's overall development, offering a healthy and exhilarating way to have fun. This guide outlines essential safety advice, based on the Royal Life Saving Society UK's Water Safety Code, to help ensure children can enjoy swimming and similar activities safely and responsibly.

LIFEGUARD

### 1 STICK TO LIFEGUARDED AREAS

It's never advisable to enter unsupervised bodies of water, especially alone. Instead, it's considered best practice to accompany children to places with lifeguards, as they will be trained to respond swiftly in emergencies and provide first aid when needed.

#### 2 LEARN SIGNS AND FLAGS

When going to a new environment, it's important to research the local area and make children aware of safety signage before entering the water. If visiting the seaside, make sure children are always supervised by an adult and that they know what different beach flags mean, so they're knowledgeable of where and when they can enter the sea.

## **3** STOP AND THINK

Young people should be cautious before entering water, as it's difficult to know what hazards could be underneath. Use the Water Safety Code and encourage children to ask themselves questions such as, "Is the water too deep or too shallow? Are there currents, tides, or underwater objects?" Make sure children know never to enter water from a height, as what lurks below could cause serious injuries.

## CONSIDER WATER

Even on hot days, water can be deceptively cold. Tragedies strike when young people experience cold water shock. Never let children enter water quickly; instead, ensure that they enter slowly and carefully to allow their bodies to adjust to the temperature or exit easily if needed.



For young children, and particularly those under the age of five, it's important for them to be supervised at home, outside and at the pool at all times. It's essential for parents and educators to understand that young children can drown quickly and silently; therefore, anyone supervising them must maintain constant watch in case they get into difficulty.

## 7 DON'T GO TOO FAR

When swimming, especially in open water, it's best to teach children to stay within a safe depth. Share advice with them such as only entering water up to a standing depth, and in the case of visiting the beach, swim parallel to shorelines. This will allow a child to stay in control and get out of the water easily.

### 8 KEEP POOLS AND TUBS DRAINED 6

For parents of young children, a simple way to protect them at home is to keep outdoor spaces and bathrooms tidy after playtime. This includes removing water from paddling pools after use and turning them over, returning lids to hot tubs and taking toys out of baths, so all water can be fully drained from the tub.

9 FLOAT AND CALL 999



If a child gets into difficulty in the water, they should try to float on their back, stay calm, and call for help. If a young person sees someone else in trouble, they should dial 999 or 112 immediately, then shout to reassure their friend, encouraging them to float on their back, and letting them know that help is on the way. Children should never enter the water to attempt a rescue or retrieve belongings.



Although inflatables may seem like a fun idea when visiting locations like the beach, they can float further out from shore and into more dangerous water. It's advisable only to use inflatables in spaces like appropriately managed swimming pools, where they're used in more controlled and supervised environments.

Beyond swimming lessons, children should be educated in school on water safety. Use RLSS UK's accredited programme, 'Water Smart Schools', which offers free lesson plans and resources on how to be safe on, near and around water by following the Water Safety Code.

#### Meet Our Expert

INFLATABLE

SAFETY

The Royal Life Saving Society UK (RLSS UK) is a national water safety charity that gives children the chance to enjoy a lifetime of fun in the water, safely. Water safety education provided in schools is vital and, in some instances, could be a child's only opportunity to learn about the water. The National College®











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### CALLING ALL WORKING FROM HOME PARENTS SUMMERS ARE PRECIOUS AND THE CHILDCARE JUGGLE IS REAL

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