



Headteacher's Comment:

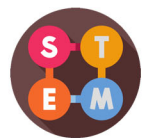
I have now passed the 100-day milestone as the Headteacher at Chase High School, and I have enjoyed every minute of every day. The staff and students here at Chase make this school a place that people want to attend and excel in every day. Whenever I walk the corridors, visit lessons, talk to the students at the gate, or engage with staff, I am constantly reminded of the hard work and dedication every member of our community gives to each other and the school. During a recent lockdown practice, all staff and students conducted themselves perfectly, acting in a calm and sensible manner until the practice had concluded, once again showing their commitment to the well-being of each other. I wish you all a restful bank holiday and I hope the weather is exactly as you would like it to be.

#ProudToBeChase



Duke of Edinburgh Expedition:

Last weekend, a group of our Year 9 pupils practiced for their Duke of Edinburgh Bronze Award by camping outside at the Essex Outdoors Centre in Danbury. As part of the expedition, the group hiked for 3.5 hours each day with all their equipment on their backs, set up tents, cooked dinner, and completed a solo hike with only a map and compass for guidance. A big thank you to Miss Harding for organising the event and to Miss Rock, Miss DiGiampasquale, and Mr Ohakwe for helping.



STEM Workshops:

Last week, a group of Year 8 and Year 9 students from our school participated in an engaging STEM workshop, which was organised by The Smallpeice Trust. This workshop was specifically designed to spark the students' interest in engineering; a field that combines creativity with scientific principles to solve practical problems. During the workshop, students were divided into small teams and faced a hands-on challenge: to construct bridges using a variety of material. These materials were carefully selected to mimic those used in real-world engineering, thus giving students a taste of the structural design and problem-solving processes engineers tackle daily. As the teams competed to build the sturdiest and most aesthetically pleasing bridges, they learned fundamental engineering concepts and applied them in a collaborative and competitive environment.



Jack Petchey Speak Out:

Well done to Sugadhev and Charlie in Year 10, who represented Chase High School in the Jack Petchey Speak Out Regional Final. Unfortunately, they didn't place in the top three, however they both spoke passionately about original and creative topics. Sugadhev spoke about fast fashion being a pernicious virus to our society and Charlie spoke about the dangers of AI Art.

Well done!



We Will Rock You:

A **HUGE** well done to all our fantastic students and staff who have put together the fabulous production of We Will Rock You. The show is made up of our biggest cast yet, with over 75 students from across all year groups involved. All of the cast, from the performers on stage, to the lighting and sound crew, have worked incredibly hard to put on a very professional performance with fantastic feedback from everyone who has come to watch!



Word of the Week:

The word of the week from Monday 6 April 2024 is **Locate**; Find, identify or show where to find a defined item.

House points totals for this week



694



993



995



903



Dates for your Diary:

06.05.24 May Bank Holiday

10.05.24 Year 10 Work Experience Assembly

07.05.24 – 10.05.24 LORIC Week



DISCOVERY
EDUCATIONAL TRUST

Chief Executive Officer: Mr R Duff

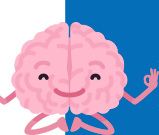
Chase High School is proud to be part of the Discovery Educational Trust



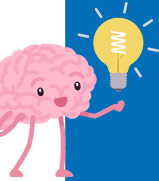
CAREERS NEWSLETTER

This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.


OPPORTUNITIES




Mental Health Awareness Week 2024 will take place from 13 to 19 May, on the theme of “Movement: Moving more for our mental health”. One of the most important things you can do to help protect your mental health is regular movement. Moving more can increase your energy, reduce stress and anxiety, and boost your self-esteem. If you’d like to improve your mental health by moving more, read the Mental Health Foundation’s tips to help you get started.



Considering working in mental health? This programme will help lay the foundations for your understanding of the world of healthcare positions. You’ll explore the different careers available and learn more about the variety of opportunities available to you. The programme is on demand so you can do it any time.



Dive into the realm of fashion with this virtual work experience program, presented by Springpod. Tailored for those aspiring for a career in fashion, this program provides an immersive experience within the industry. Explore diverse careers, from designing and styling to the crucial roles of marketing and communications. Engage in captivating workplace projects that reveal the intricate facets of the fashion world. Discover various entry points into each role and solidify your knowledge through quizzes and entertaining activities. Conclude the program by curating a downloadable portfolio showcasing your work. Unlock the doors to the dynamic and ever-evolving world of fashion careers.



From High School to Uni is an A-Z guide to help students (and helpful parents) navigate the confusing path to a new life on campus – where to start, how to plan and get organised, what to pack, what NOT to pack, and other advice such as opening a bank account, renting accommodation, shopping and food prep – every aspect of student life is covered in this easy to read guide book.

If you have any questions or need support, please email Edel.Donlon@chasehigh.org

JOB OF THE WEEK



This week’s video focuses on the job role of a Climate Change Analyst. They evaluate scientific data and research about the climate. The climate data often includes information about atmospheric temperature, ocean conditions, ice masses, and greenhouse gases.

Watch the video to learn more.

LABOUR MARKET INFORMATION FACT

The countries with the highest rates of employment are Iceland, Netherlands, Switzerland, New Zealand and Japan.


The UK rank 14th across the world for % of people employed.

If you could live and work anywhere in the world, where would it be?


[Source 1](#) / [Source 2](#)

CAREERS NEWSLETTER

OPPORTUNITIES




Wondering what comes next after acing your A-levels or finishing 6th form? We've got you covered with [expert insights and tips on navigating your options after year 13](#). Whether you're pondering post A-level options, exploring post 18 education choices, or seeking clarity on what to do after college, this video will help you to make an informed decision. Explore the all of the post 18 options UK has to offer, from general post 18 option choices to post 18 education options, unlock your potential for success. Whether you're considering what are my choices after year 13 or delving into post 18 options UK-wide, we're here to guide you every step of the way.



World Earth Day took place on 22nd April 2024. Speaker for Schools ran a webinar Justin Placide, Head of Net Zero Governance about raising awareness about environmental conservation and sustainable living practices. Interested in learning more about climate change, renewable energy, or the fate of the planet? Then [this recording](#) will be of interest to you.



Did you know there are loads of careers out there centred around video games? Dive into the world of Competitive Gaming (Esports), during an [insightful Industry Spotlight](#) with British Esports Community Manager, Emma "Emzii" Rose. Hear Emma's career journey so far, learn more about the industry, how diverse it is, and the different career pathways the industry offers. Alongside how she tackles online abuse, mental health, and creating a positive environment for everyone.



In this [Industry Spotlight](#), we will be talking to Richard Wasson, Community Safety Lead at the UK Coastguard where we'll hear about Richard's career journey so far, who the UK Coastguard are and what they do plus, the possible pathways you can take to get into this field.

EMPLOYER SPOTLIGHT

"Timpson is a true equal opportunities employer with a simple and transparent recruitment model- we look for great personalities! We will consider anyone and everyone for a role within our business, regardless of their background or history. We don't expect you to know how to cut a key or repair a pair of shoes when you join us." You can read more about their careers [here](#).

UNI SPOTLIGHT

"Start your journey of self-discovery at Newcastle. Be inspired to think differently, empowered to challenge the things around you, and gain the confidence to push boundaries. At Newcastle, you'll get a world-class education, and leave as a highly desirable graduate prepared for your career." You can read more about Newcastle University's courses [here](#).

If you have any questions or need support, please email Edel.Donlon@chasehigh.org

What Parents & Educators Can Learn from the OFCOM MEDIA REPORT 2024

Each year, Ofcom – the UK’s regulatory body for communications – produces an overview of children and parents’ media experiences over the course of the previous year. At the time of writing, the latest of these reports, ‘Children and parents: media use and attitudes 2024’ has just been published, and we’ve plucked out some of its most thought-provoking findings regarding online safety.

ONLINE LIVES

99%

of 8-17s had regular access to the internet

65%

of 13-17s prefer short videos to films and TV

34%

experienced harassment or bullying online

11-18s

felt more confident communicating online (71%) than in person (53%)

87%

of 8-17s felt pressure to be popular on social media

SCREEN TIME

By children’s age group, the percentage of parents who felt less able to manage their child’s screentime were ...



POPULAR PLATFORMS

Most used by children ...

Under-12s

Over-12s

YouTube **89%**

YouTube **88%**

WhatsApp **37%**

WhatsApp **82%**

TikTok **35%**

TikTok **78%**

Snapchat **27%**

Snapchat **73%**

Instagram **22%**

Instagram **69%**

ONLINE GAMING

68% of children played video games online

Who did these children most commonly play with?

74% played with someone they know

32% played with strangers

ONLINE SAFETY IN SCHOOLS

93% 8-17s had at least one lesson about online safety

93% of children are aware of at least one thing they can do to stay safe online

91% children found these lessons useful

78% of 8-17s were aware of age restrictions for apps

40% admitted to faking their age to bypass these limits

PARENTAL CONCERNS

The things that most commonly worry parents and carers about their child being online include ...

77% seeing age-inappropriate content

70% being harassed or bullied

68% seeing pro-self-harm content

62% having their data gathered by companies

59% being influenced by extreme views

55% having their reputation damaged

51% being pressured to spend money

DEVICES MOST USED TO GO ONLINE

Age Group	Device	Percentage
3-4s	use tablets	67%
5-7s	use tablets	77%
8-10s	use tablets	73%
11-15s	use phones	95%
15-17s	use phones	97%

#WakeUpWednesday

The National College