

POST-16 COURSE OVERVIEW

HEALTH AND SOCIAL CARE

QUALIFICATION Cambridge OCR Level 3 Alternative Academic Qualification Cambridge Advanced National in Health and Social Care (Extended Certificate)	AWARDING BODY Cambridge OCR	COURSE LENGTH 2 years
--	---------------------------------------	---------------------------------

COURSE OVERVIEW

The Health and Social Care course provides students with knowledge and understanding of the health and social care sector and how individuals are supported across a range of care settings. Across the two-year programme, students explore principles of care, person-centred practice, anatomy and physiology, mental health, long-term conditions, nutrition and healthy lifestyles. Through examined and non-examined assessment, students apply their knowledge to realistic contexts while developing research, communication, evaluation and independent-study skills.

WHAT WILL I STUDY?

KEY CONTENT

- **F090: Principles of Health and Social Care** - equality, diversity and rights; health and safety; legislation and best practice.
- **F092: Person-centred Approach to Care** - meeting individual needs, communication, relationships, overcoming barriers, care planning and reflective practice.
- **F094: Supporting People with Long Term Physiological Conditions** - causes, monitoring and treatment of long-term conditions and their impact on individuals.
- **F091: Anatomy and Physiology for Health and Social Care** - major body systems, key processes, conditions, monitoring, treatment and impact on lifestyle and independence.
- **F093: Supporting People with Mental Health Conditions** - views of mental health, mental health conditions, services, treatment and support.
- **F097: Supporting Healthy Nutrition and Lifestyles** - dietary and activity needs, influencing factors, guidance and planning to meet individual needs.

ASSESSMENT

- F090 and F091 are externally assessed by Cambridge OCR through 1 hour 30 minute examinations.
- F092, F094, F093 and F097 are non-examined assessment (NEA) units, assessed by the centre and moderated by Cambridge OCR.
- Assessment develops application of knowledge, research, communication, evaluation, problem-solving and independent-study skills.

WHERE COULD THIS COURSE TAKE ME?

This qualification supports progression to higher education, apprenticeships and careers across health and social care, including Nursing, Midwifery, Health and Social Care, Healthcare/Health Science, Paramedic Science, Public Health and Wellbeing, and Social Work.

KEY CONTACT

COURSE LEAD Ruth Soyoye	EMAIL ruth.soyoye@chasehigh.org
-----------------------------------	--