

Curriculum Overview

Subject: PSHE

Year Group: 11

CHASE HIGH
Aspirations, Character & Excellence



Year 11 PSHE continues to develop coping strategies, particularly in preparation for exam stress. Students will begin to prepare for the next stage in their educational career. They will practice interview techniques as well as looking at the skills needed to apply successfully to college, university and or apprenticeships. They will be encouraged to explore different revision and exam styles to find what best suits their learning style. Focusing on their strengths and allowing themselves to make mistakes helps to build students' self-esteem. Cultural diversity is embraced with focus on BLM. Internet safety, money management and relationships are covered equipping the students with necessary life skills.

TERM 1	TERM 2	TERM 3
<p>KNOWLEDGE/SKILLS Debate - to give informed responses in class discussion and debates that demonstrate knowledge and understanding. Key terms - stress, resilience, identity, self-esteem, privilege, status, BLM, oppression, discrimination, systematic racism. Managing stress - to know how to recognise symptoms of stress and how to manage them. Self-esteem - to know how to improve self-esteem and the negative effects that low self-esteem can have both mentally and physically. Privilege - to identify the meaning of privilege and how it affects the lives of everyone. BLM - to know the dangers of prejudice and discrimination within society. To understand the history and meaning behind BLM.</p>	<p>KNOWLEDGE/SKILLS Debate - to be able to evidence their own views in discussion using a variety of sources such as personal experience and case studies. Key terms - UCAS, personal statement, tuition fees, student loan, curriculum vitae, credit, debit, hire purchase, loan, mortgage, consent. Preparation for college/uni/apprenticeships - to identify the main things that need to be considered and be aware of before applying for further education. CV writing and interview techniques - to become competent at writing a CV and prepare for potential interviews. Money management - to know which financial products are most suitable for different purchases. Consent – to know what consent means, the importance of giving consent and how to seek consent.</p>	<p>KNOWLEDGE/SKILLS Debate - to be able to articulate effectively their own views as well as others' in discussion using key vocabulary and analysis of the issues being discussed. Key terms - RSE, lust, love, responsibility, affection, trust, friendship, parenting, time management, commitment. RSE - to understand the importance of, and responsibility that comes with, sexual relationships. To know the different ways to show affection within a relationship. Parenting - to know how being a parent has a huge impact on a young person's lifestyle. To understand the effects it can have on the young person's family and friends. To recognise the commitment and responsibility that comes with raising a child.</p>
<p>KEY ASSESSMENTS No official assessments but knowledge and understanding checked through Q and A and work books.</p>	<p>KEY ASSESSMENTS No official assessments but knowledge and understanding checked through Q and A and work books.</p>	<p>KEY ASSESSMENTS No official assessments but knowledge and understanding checked through Q and A and work books.</p>

Extended reading suggestions and external resources:
 All American Boys - Jason Reynolds and Brendan Kiely
 Anxiety survival guide for teens - Jennifer Shannon
 Teen parents - Rae Simons
 National Careers Service.Gov.uk
Cultural capital is addressed through documentaries, external drama productions, case studies and guest speakers.