

Curriculum Overview

Subject: Physical Education
Year Group: 8



Students continue to develop fundamental skills in team sports and individual activities. Once consistency of fundamental skills has been demonstrated, students are extended through opportunities to develop more complex skills. Initial tactics are reviewed and improved in team sports and more detailed evaluation techniques and sequencing in individual activities. Health and safety requirements of each activity will be reviewed. Students are encouraged to demonstrate increasingly effective and developed skills and tactics in small sided games. Key terms are embedded in lessons and reinforced around teaching areas and in changing rooms. Students are encouraged to attend EC.

TERM 1	TERM 2	TERM 3
<p>KNOWLEDGE/SKILLS</p> <p>Individual skills, tactics, key terms and health and safety requirements in:</p> <p><u>Team Sports</u></p> <p>Basketball, Netball, Football, Rugby, Tchoukball, Handball, Dodgeball</p> <p><u>Individual Activities</u></p> <p>Trampolining, Fitness, Badminton, Table Tennis, Cross Country.</p>	<p>KNOWLEDGE/SKILLS</p> <p>Individual skills, tactics, key terms and health and safety requirements in:</p> <p><u>Team Sports</u></p> <p>Basketball, Netball, Football, Rugby Tchoukball, Handball, Dodgeball</p> <p><u>Individual Activities</u></p> <p>Trampolining, Fitness, Badminton, vTable Tennis, Cross Country.</p>	<p>KNOWLEDGE/SKILLS</p> <p>Individual skills, tactics, key terms and health and safety requirements in:</p> <p><u>Team Sports</u></p> <p>Cricket, Rounders, Softball, Long ball</p> <p><u>Individual Activities</u></p> <p>Athletics, Tennis</p>
<p>KEY ASSESSMENTS</p> <p>Half term 1: On going self and peer assessment in lesson using QPG's. Final grade produced after inter house competition during last lesson of the half term. Assessment opportunities are also on going during extra curricular practices and inter school fixtures.</p> <p>Half term 2: On going self and peer assessment in lesson using QPG's. Final grade produced after inter house competition during last lesson of the half term.</p>	<p>KEY ASSESSMENTS</p> <p>Half term 1: On going self and peer assessment in lesson using QPG's. Final grade produced after inter house competition during last lesson of the half term. Assessment opportunities are also on going during extra curricular practices and inter school fixtures.</p> <p>Half term 2: On going self and peer assessment in lesson using QPG's. Final grade produced after inter house competition during</p>	<p>KEY ASSESSMENTS</p> <p>Half term 1: On going self and peer assessment in lesson using QPG's. Final grade produced after inter house competition during last lesson of the half term. Assessment opportunities are also on going during extra curricular practices and inter school fixtures.</p> <p>Half term 2: On going self and peer assessment in lesson using QPG's. Final grade produced after inter house competition during last lesson of the half term.</p>

Assessment opportunities are also on going during extra curricular practices and inter school fixtures.

last lesson of the half term. Assessment opportunities are also on going during extra curricular practices and inter school fixtures.

Assessment opportunities are also on going during extra curricular practices and inter school fixtures.

Extended reading suggestions and external resources:

Extension opportunities arise in PE through extra-curricular practices and inter school fixtures and competitions.

External resources are links to local clubs the PE Department has developed e.g. Westcliff Rugby Club, Southend Athletics Club.