



CHASE HIGH PE DEPARTMENT EXTRA-CURRICULAR TIMETABLE

1st HALF AUTUMN TERM 2022

CHASE HIGH SCHOOL
Aspiration, Character & Excellence

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL 7.30am-8.10am	Basketball Year 9 Boys & Girls Mr Clark/Miss Deal	Cross Country All Years Boys & Girls Mr Clark Basketball Year 7 & 8 Boys Mr Copsey	Basketball Year 9 & 10 Girls Miss Deal/Miss Mayes Rugby Year 7 & 8 Boys Mr Sturge	Basketball Year 7 & 8 Girls Miss Thompson/Miss Deal/ Miss Mayes Cross Country All Years Boys & Girls Mr Sturge/ Mr Clark	ESA Officiating Miss Thompson/Mr Copsey/Miss Deal
Break time	Basketball Shooting Year 7 Boys & Girls Miss Thompson	Basketball Shooting Year 11 Boys & Girls Mr Clark	Basketball Shooting Year 9 & 10 Boys & Girls Mr Clark	Basketball Shooting Year 9 & 10 Boys & Girls Mr Copsey	Basketball Shooting Year 7 & 8 Boys Mr Gridley
LUNCHTIME 1.25pm-1.50pm	Basketball Year 10 Boys & Girls Mr Copsey	Basketball Year 11 Boys & Girls Mr Sturge	Basketball Year 7 & 8 Girls Miss Thompson	Basketball Year 9 Boys & Girls Miss Deal	Basketball Year 7 & 8 Boys Mr Gridley & Mr Clark
AFTER SCHOOL 3.00pm – 4.15pm	Staff Meetings	Netball Year 7&8 Girls Miss Thompson/Miss Mayes Basketball Year 11 Boys Mr Sturge Football Year 8 Boys Mr Gridley Football Year 9 Boys Mr Clark/ Mr Ohakwe Football Year 10 Boys Mr Copsey	Netball Year 9&10 Girls Miss Deal/Miss Mayes Football Year 11 Boys Mr Walrond Basketball Year 8 Boys Mr Gridley Rugby Year 7 & 8 Girls Miss Thompson Rugby Year 7 & 8 Boys Mr Sturge	Netball All Years Girls Miss Deal/Miss Thompson/Miss Mayes Rugby Year 9 & 10 Boys Mr Clark/ Mr Copsey Football Year 7 Boys Mr Deboick/ Mr Ohakwe	Football All Years Girls Miss Deal/Miss Mayes Basketball Year 9 & 10 Boys Mr Clark/ Mr Copsey

Local Club Contacts 2022/23

If you enjoy sport, then challenge yourself and get along to a local club.

Rugby

Southend – Gerard Boston 07539216690

Rochford- Alan Harvey 07557806435

Westcliff girls Aaron Squire wildcats@westcliffrfc.co.uk

Netball

Southend Sapphires - Maddie Smith 07930918506

Football

Catholic United John 07737220230

Leigh Ramblers Richard Catling (girls) 07930276980

Leigh Ramblers Mark Holmes markholmes@leighramblers.co.uk
(boys)

Cricket

Hadleigh & Thundersley 01702-559738

Leigh 01702 712105

Basketball

Southend Scorpions Matt Seamen 07590730857

Athletics

Southend (best for track) June Cork 07702649434

Chelmsford (best for field events) Jade Harvey 07957183759

Basildon Vespa Ellis vvespie@aol.com